Future Friends!



编舞者: Niels Poulsen (DK) - February 2019 音乐: Future Friends - Superfruit: (iTunes)



Intro: 16 count intro (8 secs. into track). Start with weight on L foot

Restart: The 2nd time you do A you Restart into A again after 32 counts, facing 12:00

A part (pop/funky), 64 counts. B part (smooth), 16 counts

Sequence: Intro, A, B, B, A (32) + Restart, A, B, B, A (48), B, B, A (48) + Ending

A - 64 counts, 2 walls

(Note: you will only be doing a full A twice, the 1st and 3rd time, always facing 12)

[1 – 8] Cross, point L, behind side cross & cross, Hold/snap, ball side with 1/8 L, knee pop

1 – 2	Cross R slightly over L (1), point L to L side (2) 12:00
3&4	Cross L behind R (3), step R to R side (&), cross L over R (4) 12:00

&5 – 6 Step R to R side (&), cross L over R (5), snap fingers to R side (6) 12:00

&7&8 Turn 1/8 L stepping R to R side (&), step L next to R (7), pop both knees fwd (&), straighten

knees ending with weight on R (8) 10:30

[9 – 16] Ball back rock, walk L, R kick ball point 1/8 R, ball cross unwind ½ L, out RL, together

&1 <i>–</i> 2	Rock quickly back on L (&), recover fwd onto R (1), walk L fwd (2) 10:30
3&4	Kick R fwd (3), turn 1/8 R stepping R to R side (&), point L to L side (4) 12:00
& 5 – 7	Step L next to R (&), cross R over L (5), unwind ½ L on L foot over 2 counts (6-7) 6:00

&8& Step R out a small step (&), step L out a small step (8), step R next to L (&) 6:00

[17 – 24] Cross, side R, sailor ¼ L, ball sweep over 2 counts, cross, L side rock with ¼ R fwd

	1	– 2	Cross L over I	R (1), step R to R side	(2) 6:00
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3&4& Cross L behind R (3), turn ¼ L stepping R next to L (&), step L fwd (4), step R fwd (&) 3:00

5 – 6 Step L fwd starting to sweep R fwd (5), finish sweeping R fwd (6) 3:00 7&8 Cross R over L (7), turn ¼ R rocking back on L (&), recover onto R (8) 6:00

[25 - 32] L rock fwd, back touch x 2, ball big step back R, drag L, ball walk RL

1 – 2 Rock L fwd (1), recover back on R (2) 6:00

&3&4 Step L back (&), touch R toes slightly fwd (3), step R back (&), touch L toes slight fwd (4)

6:00

&5 – 6 Step L a small step back (&), push off with L stepping R a big step back (5), drag L to R (6)

6:00

&7 – 8 Rock quickly back on ball of L (&), recover and walk fwd onto R (7), walk L fwd (8)

* The 2nd time you do A you RESTART into A again at this point, facing 12:00 6:00

[33 – 39] R heel, grind 1/4 R side L, 1/8 R into R coaster, ball big step R, drag L, ball step LR

1 – 2	Touch R heel fwd (1), grind ¼ R on R heel	stepping L to L side (2) 9:00

Turn 1/8 R stepping back on R (3), step L next to R (&), step fwd on R (4) 10:30

&5 – 6 Step L next to R (&), step R a big step fwd (5), drag L towards R (6) 10:30

&7 Step L next to R (&), step R fwd (7) 10:30

[40 – 49] L kick ball point, ½ R, rock fwd, 1/8 L ball cross, side L, sailor ¼ R into cross shuffle

8&1 Kick L fwd (8), step L next to R (&), point R backwards (1) 10:30

2-3-4 Turn ½ R stepping fwd onto R (2), rock L fwd (3), recover back on R (4) 4:30

&5 – 6 Turn 1/8 L stepping L a small step to L side (&), cross R over L (5), step L to L side (6) 3:00

7&8&1 Cross R behind L (7), turn ¼ R stepping L to L side (&), cross R over L (8), step L to L side

(&), cross R over L (1)

^{*} The 4th time you do A you go into B at this point, facing 12:00

[50 – 56] 1/4	R x 2, point L, ¼ L x 2 into big step slide, L coaster step
2&3	Turn ¼ R stepping back on L (2), turn ¼ R stepping R to R side (&), point L to L side (3) 12:00
4 - 5 - 6	Turn ¼ L stepping down on L (4), turn ¼ L on L stepping R a big step to R side (5), slide L next to R (6) (weight still on R) 6:00
7&8	Step L back (7), step R next to L (&), step L fwd (8) 6:00
[57 – 64] Sto	ep ½ L x 2, big step fwd R, drag L towards R, hitch L, step L back, touch R next to L
1 – 4	Step R fwd (1), turn ½ L onto L (2), step R fwd (3), turn ½ L onto L (4) 6:00
5 – 7	Step R a big step fwd (5), drag L towards R (6), hitch L next to R (7) 6:00
&8	Quickly step back on L (&), touch R next to L hitting the 'click' in the music (8) 6:00
	ts, 2 walls (The first two times you go into B you face 6:00, the last time you face 12:00) If with L sweep, weave with sweep, behind, ¼ L fwd L
1 – 2	Step R fwd starting to sweep L fwd (1), finish L sweep (2) 6:00
3 – 6	Cross L over R (3), step R to R side (4), cross L behind R (5), sweep R to R side (6) 6:00
7 – 8	Cross R behind L (7), turn ¼ L stepping L fwd (8) 3:00
[9 – 16] ½ L	back on R with L sweep, behind side fwd, step ½ L, step ¼ L
1 – 2	Turn ½ L stepping back on R starting to sweep L to L side (1), sweep L backwards (2) 9:00
3&4	Cross L behind R (3), step R a small step to R side (&), step L fwd (4) 9:00
5 – 8	Step R fwd (5), turn ½ L onto L (6), step R fwd (7), turn ¼ L onto L (8) 12:00

Start again! ...

Ending: When doing your last A you will be facing 6:00 when doing sailor 1/4 into the cross shuffle (counts 47&48&49).

To end at 12:00 change this to a sailor $\frac{1}{2}$ with a $\frac{1}{2}$ turn cross shuffle:

47& Cross R behind L (47), turn 1/4 R stepping L a small step to L side (&) 6:00

48&49 Cross R over L (48), turn 1/4 R stepping L to L side (&), turn 1/4 R crossing R over L (49) 12:00

Last Update - 13 March 2019