

# One Step At A Time

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Crazy Chris Adams (UK) - March 2019  
音乐: Just You and I - Tom Walker



No Tags No Restarts

#8 Count Intro Starting On The Vocal – Lets Get Drunk

**Walk Walk, Mambo ¼ Turn, Cross Side Behind Sweep, Behind Side Cross.**

1,2      Walk Forward Right, Walk Forward L,  
3&4      Rock R Forward, Recover Onto L, ¼ Turn R Stepping R To R Side,  
5&6&      Cross L Over R, Step R To R Side, Step L Behind R, Sweep R From Front To Back,  
7&8      Step R Behind L, Step L To L Side, Cross R Over L. (3pm)

**Side Rock &, Side Rock &, Skate Skate, Diagonal Shuffle Forward.**

1,2&      Step L To L Side, Rock Back Onto R, Recover Onto L  
3,4&      Step R To R Side, Rock Back Onto L, Recover Onto R,  
5,6      Skate L To L Diagonal, Skate R To R Diagonal,  
7&8      L Shuffle Forward Towards L Diagonal Corner. (1pm)

**Mambo Step, Coaster Cross, Side Rock &, ¼ Shuffle.**

1&2      Rock R Forward, Recover Back Onto L, Step R Back,  
3&4      Step L Back, Step R Beside L, 1/8 Turn L As You Cross L Over R, (Facing Front)  
5,6&      Step R To R Side, Rock Back Onto L, Recover Onto R,  
7&8      Step L To L Side, Step R Beside L, ¼ Turn L Stepping L Forward. (9pm)

**Step ¼ Pivot, Cross & Heel, Ball Cross Back, & Cross & Touch.**

1,2      Step R Forward, Pivot ¼ Left Taking Weight Onto L,  
3&4      Cross R Over L, Step L Back, Dig R To R Diagonal,  
&5,6      Step R Beside L, Cross L Over R, Step R Foot Back,  
&7&8      Step L To L Side, Cross R Over L, Step L To L Side, Touch R Beside L. (6pm)

**Have Fun**

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