

Listen

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Tutuk Kusdaryanti (INA) & Phopy Yulianti (INA) - March 2019
音乐: Listen (Glee Cast Version) - Glee Cast



Start on Vocal - Start on 06.00

Session 1: Turn, Sweep, Cross, Side, Back, 1/4 turn L, Spiral, 1/4 turn L, Unwind

1 1/4 turn R step Forward on R with L sweep from back to front complete 1/4 turn R (12.00)
2&3 Cross L over R, Step R to R side, Step Back on L with sweep R from front to back
4&5 Cross R behind L, 1/4 turn L forward on L, step Forward on R Full Turn on L
6&7 Step Forward on L, Step Forward on R, 1/4 turn L step Forward on L with sweep R from back to front
8& Cross point R over L, Unwind
*****Restart after count 8 on wall 4 and 1/2 turn R

Session 2: Step, Point Touch, Back, 1/4 turn L, Sway, Back

1 Step Forward on L with R sweep front back to front
2 3 Point R on Forward, Step back on R with Sweep R from front to back
4&5 back Step back on L with sweep L from front to back, Step back on R, Step back on L (weight on L)
6&7 1/4 turn L step R onto R with sway on R, Sway on L, Long Step R to R side with sway on R
8& Step back on L, Recover on R
***** restart after count 8 on wall 2 and begin with 1/2 turn R

Session 3: Kick Hitch, syncopated Back Twinkle Crosses, Kick Hitch, Coaster Turn R, Step

1 1/8 turn L step forward on L with kick hitch R on diagonally R (01.30)
2&3 Step back on R (01.30), Step L to L side on diagonally L (10.30), Step R to R side (10.30)
&4&5 Step back on L (10.30), Step R to R side diagonally on R (01.30), step L to L side, step back on R with Kick hitch L on diagonally L (10.30)
*****Restart on wall 7 after count &4& and 1/2 turn R
6&7 Step back on L, 1/8 turn R Step R beside L (12.00), 1/4 turn R step L on L side weight on L (03.00)
8& Step Forward on R, Recover on L

Session 4: Back, 1/2 Turn R, Step, 1/2 Turn R, Step, 1/4 turn L, Sway, Cross Rock

1 Step Back on R
2&3 Step back on L, 1/2 turn R step forward on R, Step Forward on L (Prepare Slow 1/2 turn R)
4&5 1/2 turn R step forward on R, Step Forward on L, Step Forward on R (Prepare slow 1/4 turn L)
6&7 1/4 turn L weight on L with sway on L, Step R onto R with sway on R, Step L onto L with sway on L
8& Cross R over L, Recover on L

This dance has character and we hope you enjoyed it!
Thank You

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Last Update – 9 March 2019

