

Lost In Your Mind

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: Lost on You - LP : (iTunes)



Intro: 32 counts

Diagonal steps forw x 2-Rock recover-Back-Kick-Rock recover-Step forw

1&2& Step R diagonal forw to R, Step L next to R, Step R diagonal forw to R, Brush L forw
3&4& Step L diagonal forw to L, Step R next to L, Step L diagonal forw to L, Brush R forw
5&6& Step R forw, Recover onto L, Step R backw, Kick L forw
7&8 Step L backw, Recover onto R, Step L forw

Side-Together-Side-Touch-Side-Together-Side-Touch-Point-Turn ¼ R-Point-Together-Rocking chair

1&2& Step R to R side, Step L next to R, Step R to R side, Touch L next to R
3&4& Step L to L side, Step R next to L, Step L to L side, Touch R next to L
5&6& Point R out to R side, Turn ¼ R stepping R foot down(F03)Point L foot out to L side, Step L next to R
7&8& Step R forw, Recover onto L, Step R backw, Recover onto L

Rumbabox-Back-Together-Back-Coaster step

1&2 Step R to R side, Step L next to R, Step R forw
3&4 Step L to L side, Step R next to L, Step L backw
5&6 Step R backw, Step L next to R, Step R backw
7&8 Step L backw, Step R next to L, Step L forw

Step-Pivot ½ turn L-Step -Pivot ½ turn L-Jazzbox

1-2 Step R forw, Pivot ½ turn L (F09)
3-4 Step R forw, Pivot ½ turn L (F03)
5-6 Cross R over L, Step back on L
7-8 Step R to R side, Step L forw

NO TAGS/NO RESTART

HAPPY DANCING!

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