Miss Congeniality

拍数: 32

级数: Beginner

编舞者: Julie Lockton (ES) & Sebastiaan Holtland (NL) - March 2019

音乐: One in a Million (Remix) - Bosson : (From the movie Miss Congeniality)

Count in: 32 counts (From heavy beat)

SECTION ONE: SIDE TOGETHER, RIGHT CHASSE, CROSS ROCK RECOVER, ¼ SHUFFLE

- 1-2-3&4 Step R to R side, step L beside R, step R to R side, step L beside R, step R to R side
- 5-6-7&8 Rock fwd on the L , recover weight onto R, step L to L side making a ¼ turn , step R beside L, step fwd on the L (09:00)

SECTION TWO: STEP, KICK, COASTER STEP, STEP, KICK, COASTER STEP

- 1-2-3&4 Step fwd on the R, kick L, step back on the L, step R beside L, step fwd on the L
- 5-6-7&8 Step fwd on the R, kick L, step back on the L, step R beside L, step fwd on the L

SECTION THREE: SIDE TOGETHER, SHUFFLE FWD, SIDE TOGETHER, SHUFFLE FWD (RUMBA BOXES)

1-2-3&4 Step R to R side, step L beside R, step fwd on R, step L beside R, step fwd on R

5-6-7&8 Step L to L side, step R beside L, step fwd on L, step R beside L, step fwd on L

SECTION FOUR: ROCK RECOVER, SHUFFLE 1/2 TURN, SHUFFLE 1/4 TURN, ROCK BACK RECOVER

- 1-2-3&4 Rock fwd on R, recover onto L, making a ¼ turn to 12:00 step back on the R, step L beside R, step fwd on the R making a ¼ turn to 03:00
- 5&6-7-8 Making a ¼ turn to 06:00 step fwd on the L, step R beside L, step L to L side, rock back on the R, recover weight onto L (06:00)

TAG: End of wall 8:

STEP TOUCH, STEP TOUCH

1-2-3-4 Step R to R side, touch L next to R, step L to L side, touch R next to L

Ending (to face 12:00) Dance wall 12 the 1st 20 counts (you will be facing 03:00) Cross L over R and unwind over R shoulder ¾ to front wall to end

Choreographer notes: Ideal floor split to Blue Fever (Daniel Whittaker) – Intermediate (2002) Million 2 One (Mark Furnell) – Intermediate (2015)





墙数: 2