Baby Ahh



拍数: 192

墙数:1

级数: Phrased Intermediate

编舞者: Y P. J (INA) & Roly Ansano (USA) - March 2019

音乐: Baby (feat. MARINA & Luis Fonsi) - Clean Bandit

Seq: AB-CD-AE-B*-CD-FD-D

Intro: 32 counts

- 1-4 R toe side, R foot together, L toe side, L foot together
- 5-8 Step side-together-side R-L-R, touch L together
- 9-12 L toe side, L foot together, R toe side, R foot together
- 13-16 Step side-together-side L-R-L, touch R together
- 17-24 Repeat steps 1-8
- 25-26 Step L side (bend knees and pop up L shoulder), R foot together (pop up R shoulder)
- 27-30 Repeat steps 25-26 (2X)
- 31-32 Step L side, touch R together

SECTION A : ELBOWS UP

- 1-4 R toe forward, R foot back, L toe forward, L foot back
- 5-8 Step back R-L-R, step L together
- 9-16 Repeat steps 1-8
- 17-20 Step R forward diagonally to right, L foot together, hold for 2 counts pumping shoulders 21-24
- Step L forward diagonally to left, R foot together, hold for 2 counts pumping shoulders
- 25-28 Step R back diagonally to right, L foot together, hold for 2 counts pumping shoulders
- 29-32 Step L back diagonally to left, R foot together, hold for 2 counts pumping shoulders

Styling:-

- 1-2 Fold arms across chest, fingers tip-to-tip, elbows up
- 3-4 Raise arms up, palms in
- 5-8 Lower arms down

SECTION B: PUSH WALL; OUT-OUT ROUTINE

- 1-4 R toe side, R foot together, L toe side, L foot together
- 5-8 Step back R-L-R (small steps), step L together
- 9-16 Repeat steps 1-8
- 17-18 Step R forward diagonally to right, step L forward diagonally to left
- 19-20 R foot back, step L together
- 21-22 Point R toe side (knee bent in), step R together
- 23-24 Point L toe side (knee bent in), step L together

25-32 Repeat steps 1-8

Styling:

- 1-2 R arm forward, wrist bent, fingers up
- 3-4 L arm forward, wrist bent, fingers up
- 5-8 Pull hands to chest then open arms to sides
- 17-18 Raise R arm up, raise L arm up



- 19-20 Drop R arm to side, drop L arm to side
- 21-22 Sweep R hand down and across to left, return hand
- 23-24 Sweep L hand down and across to right, return hand

SECTION C: HEEL SWITCHES

- 1&2& R heel forward, R foot together, L heel forward, L foot together
- 3&4& Repeat steps 1&2&
- 5-8 Walk forward R-L-R-L
- 9-12& Repeat heel switches
- Walk back R-L-R-L 13-16
- 17-20 Repeat heel switches
- Swivel skate forward R-L-R-L 21-24
- 25-28 Step R back diagonally to right, touch L together, step L back diagonally to left, touch R together
- 29-32 Repeat steps 25-28

Styling:

- 21 Extend R arm up above shoulder; extend L arm down below shoulder
- 22 Reverse arm extension
- 23-24 Same as 21-22
- 25-32 Pump shoulders at each diagonal move

SECTION D: FLYING KISSES

- 1-2 Step R forward diagonally to right, touch L together
- 3-4 Step L forward diagonally to left, touch R together
- 5-8 Walk back R-L-R, step L together
- 9-24 Repeat (2X) steps 1-8
- 25-32 Repeat steps SECTION B(17-24)

Styling:

- 1-2 Kiss R hand, then sweep it out to side
- 3-4 Kiss L hand, then sweep it out to side
- 5-8 Cross arms and hold them over chest

SECTION E: HEARTBEATS

- Lean body diagonally to left and touch R to side, hold over 3 counts 1-4 5-8 Square up and step R together, stomp L-R-L in place 9-12 Lean body diagonally to right and touch L to side, hold over 3 counts Square up and step L together, stomp R-L-R in place 13-16 17-20 Step side-together-side R-L-R, touch L together 21-24 Step side-together-side L-R-L, touch R together 25-28 Step R side, touch L together, step L side, touch R together 29-32 Repeat steps 25-28 Styling: 1-2 Push R arm to left across chest, hold; 3-4 Pat chest with R hand twice 5-8 Open arms to sides 9-12 Repeat 1-4 with L arm and hand; 13-16 Open arms to sides
- Sweep R arm in an upward clockwise circle 17-20
- 21-24 Sweep L arm in an upward counter-clockwise circle

25-32 Push arms up then pull arms down at each sideways move

SECTION B*: PUSH WALL

1-32 Repeat (4X) steps SECTION B(1-8)

SECTION F: SLOW RHYTHM

- 1-4 Step R forward, L together, hold over 2 counts
- 5-8 Hold foot position
- 9-12 Lean body diagonally to right and touch L side, hold, square up and step L in place, hold
- 13-16 Do a body roll
- 17-20 Lean body diagonally to left and touch R side, hold, square up and step R in place, hold
- 21-24 Do a body roll
- 25-32 Repeat steps SECTION B (17-24)

Styling:

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1-2	Push arms forward, hands together, wrists bent, fingers up
3-4	Draw hands out to sides
5-6	Turn palms in and bring arms together overhead
7-8	Lower arms
9-12	Push L arm to right, hold, pull arm back to left, drop arm
17-20	Push R arm to left, hold, pull arm back to right, drop arm

Note:

The Pre-dance using the Intro of the music track is optional. The main dance begins on Section A, after the words "Tres, Dos. Uno".