

Skur 55

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Skur 55 - Asle Beck : (iTunes)



Start dans after 32 counts

ROCK STEP – SHUFFLE BACK – ROCK STEP – SHUFFLE FORWARD

1-2 Step RF Forward – recover on LF
3&4 Step RF back – step LF together – step RF back
5-6 Step LF back – Recover on to RF
7&8 Step LF forward – step RF together – step LF forward

SIDE ROCK – CROSS SHUFFLE – SIDE ROCK ¼ - SHUFFLE FORWARD

1-2 Step RF to Right – recover on to LF
3&4 cross RF over LF – step LF to left – cross RF over LF
5-6 Step LF to left – recover on to RF while turning ¼ Righth
7&8 Step LF forward – step RF together – step LF forward

TAG AND RESTART ON WALL 4 – ADD A ROCKING CHAIR ON COUNT

1-4 (Step forward on RF – recover to LF – step back on RF – recover on to LF) RESTART.

STEP – HEEL TWIST – RIGTH COASTER – PIVOT ½ TURN – SHUFFLE

1&2 Step RF Slightly forward – twist both heels to right – twist both heels back to center
3&4 Step RF back – step LF together – step RF forward
5-6 Step LF forward – turn ½ right (weight to RF)
7&8 Step LF forward – step RF together – step LF forward

JAZZBOX ¼ – PIVOT ½ - PIVOT ¼

1-4 Cross RF over LF – Step LF back – Step RF ¼ to righth – step LF together
5-6 Step RF forward – turn ½ left (weight on to LF)
7-8 Step RF forward – turn ¼ left (Weight on to LF)

**TAG ON WALL 4 AFTER 16 COUNTS – ADD A ROCKIN CHAIR ON COUNT 1-4–
START THE DANCE FORM THE START.**

Last Update: 5 Feb 2023