

Don't Need No Man

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Improver
编舞者: Lynn Card (USA) - February 2019
音乐: Don't Need No Man - DeMetri Moon



**** (1st Place Ft Wayne Dance For All 2019) ****

Intro: 32 COUNTS after drumsticks - 6 Restarts

WALK, WALK, TRIPLE FORWARD, STEP ½ PIVOT, TRIPLE FORWARD

1,2,3&4 Walk RF forward (1), Walk LF forward (2), Step RF forward (3), Step LF next to RF (&), Step RF forward (4)
5,6,7&8 Step LF forward (5), Turn ½ to right stepping RF forward (6:00) (6), Step LF forward (7), Step RF next to LF (&), Step LF forward (8)

¼ PUSH TURN x4 TO LEFT

1,2,3,4 Step RF forward (1), Turn ¼ to left recovering weight on LF (3:00) (2), Repeat step turn to right to 6:00 (3,4)
5,6,7,8 Repeat 1-4 turning to 9:00 and 6:00

(These should be push turns, feel free to swing your arms/hips)

STYLING/CHANGE OF STEP ON WALL 2 FACING 6:00

Leave off last 2 paddle push turns and replace with: 5&6&7,8.

Run R(5), Run L(&), Run R(6), Run L(&), Run R(7) for ½ turn; Step on LF and Sweep RF forward (8) on piano run prepping to cross RF over LF

JAZZ BOX, POINT, CROSS, POINT, CROSS

1,2,3,4 Cross RF over LF (1), Step LF back (2), Step RF to right side (3), Cross LF over RF (4)
5,6,7,8 Point RF to right side (5), Cross RF over LF (5), Point LF to left side (7), Cross LF over RF (8)

MONTEREY ½ TURN, TOE TOUCH SWITCHES

1,2,3,4 Point RF to right side (1), Hinge turn ½ to right recovering weight on RF (12:00) (2), Point LF to left side (3), Replace weight on LF stepping next to RF (4)

RESTART HERE IN WALL 8 facing 6:00

5&6&7&8& Touch RF (toe) forward (5), Ball step RF next to LF (&), Touch LF (toes) forward (6), Ball step LF next to RF (&), Touch RF (toes) forward (7), Ball step RF next to LF (&), Touch LF (toes) forward (8), Replace weight on LF next to RF (&)

RESTART HERE WALLS 3,5,6,7 AND 9 ALL FACING 6:00

ROCKING CHAIR, CROSS, ½ TURN UNWIND

1,2,3,4 Rock RF forward (1), Recover weight back on LF (2), Rock RF back (3), Recover weight forward on LF (4)
5,6,7,8 Cross RF over LF (5), Hold (6), Turn ½ to left recovering weight to LF (6:00) (7), Hold (8)

STEP BACK R w/HIP BUMPS, STEP BACK L w/HIP BUMPS, REPEAT ON R.REPEAT ON L

1&2,3&4 Step RF back and bump your R hip to right (1), Shift your hips to center keeping weight on RF (&), Bump R hip to right (3), Step LF back and bump L hip to left (3), Shift L hip to center keeping weight on LF (&), Bump L hip to left side (4)
5&6,7&8. Shift weight to RF as you bump R hip to right (5), Bring hip to center (&), Bump R hip to right (6), Shift weight to LF and bump L hip to left (7), Bring L hip to center (&), Bump L hip to left (8)

CHANGE OF STEP: Wall 2 facing 12:00; leave off hip bumps 5&6.,7&8 and instead Stomp RF to right (5), Hold (6,7,8)

Dance ends perfectly facing 12:00, alter hips at the end of the song to match the beats.

Thank you to DeMetri Moon for allowing me to dance beside her in Ft. Wayne as she sang this song live at the Saturday night show. It was truly an honor, and very exciting.

Contact Me: Line Dance With Lynn on Facebook or lynncard28@gmail.com
