Chasing The Tide



编舞者: David Thomas (SCO) - March 2019 音乐: The Ship and the Bottle - Brett Young



Intro: 16

One 4 Count Tag. Wall 11, See Below

R Side Cross Side, L Rock Back Recover 1/8 Turn L, Walk Forward L, R Shuffle Forward

1-2	Step R to side, Cross step L over R
-----	-------------------------------------

3-4 Step R to side, Rock Back on L making 1/8 turn L (10:30)

5-6 Recover weight forward on R, Walk forward on L

7&8 Shuffle forward R,L,R

L Forward Rock Recover, Step Back L Drag R, R Behind, L Side (1/8 Turn L), R Cross Shuffle

1-2 Rock forward on L, Recover on R 3-4 Step back on L, Drag R to L

5-6 Cross step R behind L, Step L to side making 1/8 turn L (9:00)

7&8 Cross shuffle L stepping R,L,R

Step Back L ¼ Turn R, Step R To Side ¼ Turn R, L Side, R Cross Behind, L Side Rock Recover, L Cross Behind, Step Forward ¼ R

1-2	Make ¼ Turn Right stepping back on L. Make ¼ Turn Right stepping R to side (3:00)
1-4	viane /4 i uiti iniuiti steppiilu pach oli L. Iviane /4 i uiti iniuiti steppiilu in to side (5.00).

3-4 Step L to side, Cross step R behind L

5-6 Rock L to side, Recover on R

7-8 Cross step L behind R, Step forward on R making ¼ Turn R (6:00)

L Forward Rock Recover, L Shuffle ½ Turn, Step Pivot ¼ L, R Cross, Step Back L

1-2 Rock forward on L, Recover on R
3&4 Shuffle ½ Turn L stepping L,R,L (12:00)
5-6 Step forward on R, Pivot ¼ Turn L (9:00)
7-8 Cross step R over L, Step back on L

Tag: During wall 11 the track will fade out. Continue dancing and add the flowing 4 count Tag at the end of the wall facing 3:00

Side, Forward, Cross, Back

1-2 Step R to side, Step L forward3-4 Cross R over Left, Step back on L