Juice



编舞者: David Chamberlain (UK) - March 2019

音乐: Juice - Lizzo : (Clean Edit)



Intro: 32 counts

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Section	1: Camei waik x2.	Right Shuffle forward	. Hait biyot turn.	Sweep x2

1	Step forward onto Right foot dragging left towards right popping Left knee.
2	Step forward onto Left foot dragging right towards left popping Right knee,
3 & 4	Step forward onto Right, Close Left next to Right, step forward right.

5, 6 Step forward onto Left foot, pivot 1/2 turn Right. (6:00),

7, 8 Step forward Left sweep Right from back to front, Step forward Right sweep left from back to

front.

Section 2: Cross in front, Side, behind, Heel jack, Close x2

1, 2 Cross Left foot in front of Right, Step Right fo	ot to Right side.
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3&4& Step Left foot behind Right, Step diagonally back on the Right foot, extend Left heel to the left

diagonal., Step Left foot next to Right,

5, 6 Cross Right foot in front of Left. Step Left foot to Left side,

7&8& Step Right foot behind Left, Step diagonally back on the Left extend Right heel to the Right

diagonal, Close Right foot next to left,

Section 3: Cross, Hold, And behind and cross, Step touch, Step touch making a ¼ turn.

1, 2 Cross Left foot over Right, Hold,

&3&4 Step Right foot to right side, Cross Left behind Right, Small step Right to Right side, Cross

Left foot in front of Right.

5,6,7,8 Step Right foot to Right side, Touch Left foot by Right, Step Left foot back making a ¼ turn

right, touch Right foot next to Left. (9:00)

Section 4: Dorothy steps x 2, half pivot turn x2

1, 2 &	Step Right foot forward to Right diagonal, lock Left foot behind Right, small step Forward	
	Dight to the Dight diagonal	

Right to the Right diagonal,

3, 4& Step Left foot forward to the left diagonal, lock Right foot behind Left, small step Forward Left

to the Left diagonal.

5, 6 Step forward onto Right, pivot ½ turn L (3:00),

7, 8 Repeat steps 5, 6. (9:00).

End of dance