Shakin' Them Hips



拍数: 32 编数: 2 级数: Upper Beginner

编舞者: Heather Shepherd (AUS) - February 2019 音乐: Heartache on the Dance Floor - Jon Pardi



Section: 1: Toe, Heel Strut, Shuffle, Shuffle

1-4 Toe heel strut forward, Right and Left 5&6-7&8 Shuffle forward, Right and Left

Section: 2: Full Turn Monterey

1-2 Right toe to Right side, step together 1/2 turn to Right

3-4 Point Left Toe to Left side, step together

5-6 Right toe to Right side, step together 1/2 turn to Right

7-8 Point Left Toe to Left side, step together

Section: 3: Box step, shuffle

1-2-3&4 Step Right to Right, step Left together, Shuffle forward 5-6-7&8 Step Left to side, step Right together, Shuffle Back

Section: 4: Side Steps, 1/2 Turn Shuffle to R , Forward, Coaster

1-2-3&4 Step Right to side, step Left together, 1/2 turn shuffle 5-6-7&8 Step Left forward, step forward Right, Left Back Coaster

TAG: 4 count: Out, Out, In, In

Step Right to Right side, Step Left to Left side, Step Right to Centre, Step Left to Right

TAG:

Facing back wall after Monterey Restart after 4 count Tag (She was a Heartache) Facing front wall after Coaster Restart after 4 count Tag (She was a Heartache) Facing back wall after Monterey Restart after 4 count Tag (You were a Heartache)

Contact: cosmicountry@gmail.com

YouTube / Facebook: Cosmic Country Line Dancing Hope you enjoy the dance. The music will take you there!