Making Me High

COPPER KNOB

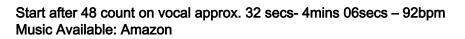
拍数: 32

墙数:4

级数: Intermediate

编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - March 2019

音乐: You're Makin' Me High - Toni Braxton



[1-8] Walk fwd 2, ¼ L ball cross (English Cross), ¼ L & R back, L coaster, R ball step fwd, R fwd

- 1-2 Step R forward, step L forward
- &3-4 Turning ¼ left step R side, cross step L over R, turning ¼ left step R back (6 o'clock)
- 5&6 Step L back, step R together, step L forward
- &7-8 Step R together, step L forward, step R forward

[9-16] L fwd mambo, ¼ R sweeping toaster, L fwd rock/recover, L/R back step touches

- 1&2 Rock L forward, recover weight on R, step L together
- 3&4 Sweeping R back turning ¼ right step R back, step L together, step R forward (9 o'clock)
- 5-6 Rock L forward, recover weight on R
- &7 Step L back on left diagonal, touch R together
- &8 Step R back on right diagonal, touch L together

WALL 8 RESTART: During wall 8 which starts facing R side wall, dance the first 16 counts of the dance which brings you to the front wall,

ADD ONE EXTRA STEP – step L back on the & COUNT after 8 and begin again

[17-24] L back, R back rock, recover weight on L sweeping R forward, ¼ left cross step, L side, R sailor, syncopated weave R

- &1-2 Step L back, rock R back, recover weight on L as you sweep R forward
- 3-4 Turning ¼ left cross step R over L, step L side (6 o'clock)
- 5&6 Cross step R behind L, step L side, step R side
- 7& Cross step L behind R, step R side
- 8& Cross step L over R, step R side

[25-32] L cross rock/recover, L ball cross side, R behind-1/4 L- R fwd, ½ R chase turn

- 1-2 Cross rock L over R, recover weight on R
- &3-4 Step L back, cross step R over L, step L side
- 5&6 Cross step R behind L, turning ¼ left step L forward, step R forward (3 o'clock)
- 7&8 Step L forward, pivot ½ right, step L forward (9 o'clock)

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*Please Note: we like to check and approve all Videos of our dances before they are linked to this site.- A&P

