Knockin' Boots



拍数: 32 墙数: 4 级数: Beginner

编舞者: Hana Ries (USA) - March 2019 音乐: Knockin' Boots - Luke Bryan



Start dancing on lyrics (on the word "truck"-immediate start) (clockwise)

(Read: R=right foot, L=left foot)

LINDY RIGHT, ROCKING CHAIR

1&2 Step R to right, Step L next to R, Step R to right

3-4 Rock L behind R, Recover to R

5-6-7-8 Rock L forward, Recover to R, Rock L back, Recover to R

LINDY LEFT 1/4 TURN RIGHT, ROCKING CHAIR

1&2 Step L to left, 1/8 Turn right stepping R next to L, 1/8 Turn right stepping L back

3-4 Rock R back, Recover to L

5-6-7-8 Rock R forward, Recover to L, Rock R back, Recover to L

FIGURE 8: STOMP, HOLD (CLAP), PIVOT, STOMP, HOLD (CLAP), PIVOT

1-2 Step (stomp) R forward, hold and clap

3-4 Step L forward, ½ Turn right stepping R down

5-6 Step (stomp) L forward, hold and clap

7-8 Step R forward, ½ Turn left stepping L down

Option: Non-turning version- Omit turns and march in place instead

JAZZ BOX, TWO STOMPS, TWO HEEL CLICKS

1-2-3-4 Cross R over L, Step L diagonally back, Step R to right, Step L forward

5-6 Stomp R next to L, Stomp L in place

7-8 Click heels twice

Option: If clicking heels is not your thing, bump hips right and left \square

REPEAT

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