

Lambada 2019

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Eva Pau (CAN) - April 2019
音乐: Lambada - Kaoma



Start dancing after 8 count of music

TAG: 4 COUNT TAG – to be done after 1st & 2nd section for wall 1, 2, 3 & 5
ROCK STEP, COASTER STEP

1 – 4 Rock L forward, recover to R, step L back, step R together, step L forward

***1st & 2nd Section for WALL 1, 2, 3 & 5**

SKATE R L, FWD SHUFFLE, FWD ROCK RECOVER ½ L FWD, FWD

1-2 3&4 Skate R L, forward shuffle R L R

5-8 Rock L forward, recover to R, step L forward ½ L, step R forward

***1st & 2nd Section for WALL 4 & THE REST**

SKATE R & L, FWD SHUFFLE, FWD ROCK RECOVER ½ L, FWD SHUFFLE

1-2 3&4 Skate R L, forward shuffle R L R

5-6 7&8 Rock L forward, recover to R, ½ L forward shuffle L R L

***3rd Section – SIDE SHUFFLE, BACK ROCK RECOVER, SIDE SHUFFLE ¼ R, BACK ROCK RECOVER**

1&2 3-4 Side shuffle R L R, rock L behind R, recover to R

5&6 7-8 ¼ R side shuffle L R L, rock R behind L, recover to L

***4th Section – ¼ L PADDLE TURN X 4**

1-8 Press R forward, ¼ L on ball of L x 4

***5th & 6th Section – SAMBA STEP R & L, JAZZ BOX ¼ R**

1&2 3&4 Cross R over L, rock L to L, recover to R, cross L over R, rock R to R, recover to L

5-8 Cross R over L, step L back ¼ R, step R to side, step L forward

Ending – You will be facing 6:00 – modify section to 1/8 L paddle turn x 4 to return to 12:00