Sweet Little Walk

拍数: 32

级数: Upper Beginner WCS

编舞者: Nancy Morgan (USA) - January 2019

音乐: Sweet Little Shoe - Dan Seals

Begin after 16 counts

Alt. music: Let's Walk by Austin De Lone, BPM: 110, West Coast Swing, Begin after the hard beat begins...32 counts

WALK FORWARD R,L, ROCK FORWARD AND BACK, STEP BACK-SIDE-CROSS, R SIDE ROCK

- 1,2 Walk forward Right, Left
- 3&4 Rock step forward on Right, return weight to Left, step back on Right (weight is on Right)
- 5&6 Step back on Left, step Right to Right side, cross Left over Right
- 7.8 Side rock step Right to Right side, return weight to Left

STEP BEHIND-SIDE-CROSS, TOUCH LEFT OUT TO LEFT SIDE, PIVOT ON RIGHT TOE ¼ TURN LEFT, CAMEL WALK

- 1&2 Step Right behind Left, step Left to Left side, cross Right over Left (weight is on Left)
- Touch Left toes out to Left side, pivot 1/4 turn to Left (weight is on Left) 3.4
- 5,6,7 Step forward towards 1:00 with Right foot, Lift Right heel up as you slide Left foot to Right instep. Lift Left heel up as you drop the Right heel down
- 8 Step Left diagonally toward 11:00

CAMEL WALK, STEP R, TOUCH L, STEP BACK AND HEEL STEP R NEXT TO L, TOUCH L TOES NEXT TO RIGHT, REPEAT

- 1,2 Lift Left heel off of floor as you slide your Right to your Left instep, Lift Right heel up as you set Left heel down
- 3,4 Step R forward towards 1:00, Touch L next to R
- &5 Step back on L, tap R heel forward
- &6 Step R back to center, touch L toes next to Right
- &7 Step back on L, tap R heel forward
- &8 Step R back to center, touch L toes next to Right

STEP, BRUSH, SHUFFLE BACK, BACK ROCK

- 1.2 Step L foot forward, ¹/₂ turn touch R
- 3.4 Step R forward, Brush L forward
- 5&6 Shuffle back 1/2 turn - L-R-L
- Rock Step Rock Step back R and Step L next to R 7.8

BEGIN AGAIN!





墙数:4