

# Lost Cowboy

COPPERKNOB  
STEPSHEETS

拍数: 48      墙数: 2      级数: Phrased Improver country  
编舞者: Antonio Manigas (IT) - April 2019  
音乐: Get Lost - Binky



Sequence : Tag-Tag-B-B-A-Tag-Tag-B-B-A-Tag-Tag-B-B-Tag-Tag-B-B-B

## Part A: 32 counts

### S1A) LOCK STEP R. , LOCK STEP L. , ROCK RECOVER/SWIVEL , TURN ½ SHUFFLE R.

1&2            (Diagonally)Step Right Forward , Lock Left Behind Right , Step Right Forward  
3&4            (Diagonally) Step Left Forward , Lock Right Behind Left , Step Left Forward  
5 – 6           Step Right Forward And Swivel Both Heels To Right Side(R&L) , Return Both Heels To  
                 Centre And Recover To Left Step And Taking Weight  
&7&8           Turn ½ (06:00) , Step Right Forward , Step Left Beside Right , Step Right Forward

### S2A) TURN ½ , TURN ½ , PIVOT , ROCK RECOVER , COASTER STEP

1 – 2           Turn ½ (00:00) Step Left Backward , Turn ½ (06:00) Step Right Forward  
3 – 4           Step Left Forward , Pivot Turn ½ (00:00)  
5 – 6           Step Left Forward , Recover On The Right Step  
7&8           Step Left Backward , Step Right Beside Left , Step Left Forward

### S3A) V, AUDEVILLE L. , VAUDEVILLE R. , PIVOT , STOMP R. , STOMP L.

&1&2           Cross Right Over Left, Step Left Diagonally Back To Left , Touch Right Heel Diagonally  
                 Forward To Right, Step Right To Right Side  
&3&4           Cross Left Over Right, Step Right Diagonally Back To Right, Touch Left Heel Diagonally  
                 Forward To Left, Step Left To Left Side  
5 – 6           Step Right Forward , Pivot Turn ½ (06:00)  
7 – 8           Step Right Forward And Stomp , Stomp Left Beside Right

### S4A) ROCK SIDE R. , WAVE , ROCK SIDE L. , WAVE

1 – 2           Step Right To Right Side And Rock Side , Recover On To The Left  
3&4           Cross Right Behind Left , Step Left To Left Side, Cross Right Over Left Forward  
5 – 6           Step Left To Left Side And Rock Side , Recover On To The Right  
7&8           Cross Left Behind Right , Step Right To Right Side , Cross Left Over Right Forward

## Part B: 16 counts

### S1B) WAVE R. , SCISSOR R. , WAVE L. , SCISSOR L.

1&2&           Step Right To Right Side , Cross Left Behind Right , Step Right To Right Side , Cross Left  
                 Over Right Forward  
3&4           Step Right Diagonally Back To Right , Step Left Beside Right , Cross Right Over Left  
                 Forward  
5&6&           Step Left To Left Side , Cross Right Behind Left , Step Left To Left Side , Cross Right Over  
                 Left Forward  
7&8           Step Left Diagonally Back To Left , Step Right Beside Left , Cross Left Over Right Forward

### S2B) SCUFF&KICK R. , TOE BACK R. , TURN ½ HEEL SWITCHES R&L , SCUFF R. , OUT R. , SCUFF L. , VINE L. , STOMP R.

1 – 2           Scuff Right And Kick , Step Right Backward And Toe Back  
&3&4           Turn ½ (06:00) And Step Right Forward And Right Heel , Return Beside Left Taking Weight,  
                 Step Left Forward And Left Heel , Return Beside Right And Taking Weight  
5&6           Scuff Right Beside Left , Step Right Diagonally To Right Side , Scuff Left Beside Right  
&7&8           Step Left To Left Side , Cross Right Behind Left , Step Left To Left Side , Stomp Right Beside  
                 Left

**TAG**

**ST1) ROCK IN CHAIR,HOLD,COASTER STEP,PIVOT TURN ½ ,SAILOR STEP**

- 1&2& Step Right Forward, Return On The Left , Step Right Backward , Hold
- 3&4 Step Left Backward , Step Right Baside Left , Step Left Forward
- 5&6 Step Right Forward , Pivot Turn ½ (06:00) , Turn ½ (00:00) And Step Right Backward
- 7&8 Cross Step Left Behind Right , Open Right Step To Right Side , Open Left Step To Left Side

**ST2) ROCK IN CHAIR , HOLD , COASTER STEP , PIVOT TURN ½ , TURN ½ , STOMP R.**

- 1&2& Step Right Forward , Return On The Left , Step Right Backward , Hold
  - 3&4 Step Left Backward , Step Right Beside Left , Step Left Forward
  - 5&6 Step Right Forward , Pivot Turn ½ (06:00) , Turn ½ (00:00) And Step Right Backward
  - 7-8 Turn ½ /06:00) And Step Left Forward , Stomp Right Beside Left
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