

Forever and Ever

拍数: 32 墙数: 4 级数: Improver
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音乐: Forever and Ever - Demis Roussos



Intro: 32 counts

Sec 1 : Side, behind, side, cross, rock side, cross shuffle

1-2 Step R to the right side, step L behind R
3-4 Step R to the right side, cross L over R
5-6 Rock side on R, recover on L
7&8 Cross R over L, step L to the left side, cross R over L

Sec 2 : Side, behind, side, cross, rock side, cross shuffle

1-2 Step L to the left side, step R behind L
3-4 Step L to the left side, cross R over L
5-6 Rock side on L, recover on R
7&8 Cross L over R, step R to the right side, cross L over R

Sec 3 : Forward, pivot ½ L, forward shuffle, forward, pivot ¼ R, cross shuffle

1-2 Step forward on R, pivot ½ (6:00)
3&4 Step forward on R, step L beside R, step forward on R
5-6 Step forward on L, pivot ¼ R (9:00)
7&8 Cross L over R, step R to the right side, cross L over R

Sec 4 : Cross, point, cross point, jazz box

1-2 Cross R over L, point L to the left side
3-4 Cross L over R, point R to the right side
5-6 Cross R over L, step back on L
7-8 Step R to the right side, step L beside R

Have fun.
