## Lonely Blues

拍数： 64
境数： 4
级数：Beginner／Improver
编舞者：Rachael McEnaney（USA）－April 2019
音乐：Mr．Lonely－Midland ：（iTunes－2：59）

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## Count In： $\mathbf{2 4}$ counts from start of track，dance begins on vocals Notes：NO Tags Or Restarts

［ 1 －8］$R$ heel，$R$ close，$L$ heel，$L$ close，$R$ fwd point，$R$ side point，$R$ touch，$R$ kick

| 1234 | ［1］Touch $R$ heel forward，［2］Step $R$ next to $L,[3]$ Touch $L$ heel forward，［4］Step $L$ next to $R$ |
| :--- | :--- |
| 5678 | 12．00 <br> ［5］Point $R$ toe forward，［6］Point $R$ to right side，［7］Touch $R$ next to $L$ ，［8］Kick R to right <br> diagonal 12.00 |

［9－16］R behind，L side，$R$ cross，$L$ kick，$L$ behind， $1 / 4$ turn $R, L$ fwd，$R$ brush
1234 ［1］Cross R behind L，［2］Step L to left side，［3］Cross R over L，［4］Kick L to left diagonal

5678 ［5］Cross L behind R，［6］Make 1／4 turn right stepping forward R，［7］Step forward L，［8］Brush $R$ next to $L$（weight L） 3.00
［17－24］R fwd，L touch，L back，R kick，$R$ back，$L$ close，$R$ fwd，$L$ brush
1234
［1］Step forward R，［2］Touch $L$ next to R，［3］
［3］Step back L，［4］Kick R forward 3.00
5678 ［5］Step back R，［6］Step L next to R，［7］Step forward R，［8］Brush L forward 3.00
［25－32］$L$ cross，$R$ side，$L$ behind，$R$ side，$L$ jazz box cross
$\begin{array}{ll}1234 & \text {［1］Cross L over R，［2\} Step R to right side [3] Cross L behind R [4] Step R to right side } 3.00 \\ 5678 & \text {［5］Cross L over R，［6］Step back R，［7］Step L to left side，［8］Cross R over L 3．00 }\end{array}$
［33－40］L side，$R$ heel－toe－heel swivels in，Twist heels $R$ ，Twist toes $R$ ，Twist heels $R$ with $1 / 4$ turn $L$ ，$L$ hook
1234 ［1］Step L to left side，［2］Swivel R heel in towards L，［3］Swivel R toe in towards L，［4］Swivel R heel in towards L 3.00
56 ［5］Twist both heels right，［6］Twist both toes right 3.00
78 ［7］Twist both heels right as you make $1 / 4$ turn left，［8］Hook $L$ in front of $R$ shin 12.00
［41－48］L fwd， $1 / 2$ turn $L$ hitching $R, R$ back， $1 / 4$ turn $L$ hitching $L, L$ side，$R$ close，$L$ fwd，$R$ touch
12 ［1］Step forward $L$ ，［2］Make 1／2 turn left on $L$ ball as you hitch $R$ knee 6.00
34 ［3］Step back R，［4］Make 1／4 turn left on $R$ ball as you hitch $L$ knee 3.00
5678 ［5］Step L to left side，［6］Step R next to L，［7］Step forward L，［8］Touch R next to L 3.00
［49－56］R diagonal steps fwd $x 2$ ，$L$ touch，$L$ diagonal steps back $\times 2$
1234 ［1］Step R diagonally forward，［2］Step L next to R，［3］Step R diagonally forward，［4］Touch L next to R 3.00
5678 ［5］Step L diagonally back，［6］Step R next to L，［7］Step L diagonally back，［8］Touch R next to L 3.00
［57－64］R diagonal back，$L$ touch，$L$ diagonal back，$R$ touch，$R$ back，$L$ close，$R$ fwd stomp，$L$ stomp next to $R$
1234 ［1］Step R diagonally back，［2］Touch L next to R（Clap option），［3］Step L diagonally back，［4］ Touch R next to L（Clap option） 3.00
5678 ［5］Step back R，［6］Step L next to R，［7］Stomp R forward，［8］Stomp L next to R 3.00

## START AGAIN © HAVE FUN

Ending：The last wall begins facing the back，dance the first 14 counts then instead of stepping forward $L$ on count 7 make a further $1 / 4$ turn right stepping $L$ to left side，then step $R$ to right side on count 8 taking hands
up...ta-da!

