The Long Drive Home



编舞者: Frank Heelan (IRE) - April 2019

音乐: Thank God for the Radio - Alan Jackson



Start on the word 'radio' 22 secs. In

Sec 1: Rock recover.	. shuffle back.	rock recover.	shuffle forward.

1-2	Rock forward on right, recover to left.
3&4	Step back on right, left together, back right.

5-6 Rock back on left, recover to right,

7&8 Step forward on left, right together, forward left. (12.00)

Sec 2: Side rock recover, cross shuffle, turn 1/4, 1/4, chasse left.

1-2 F	Rock right to right side,	recover to left.
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3&4 Cross right over left, step left to left, cross right over left.

5-6 Turn ¼ right stepping back on left, turn ¼ right stepping right to right.

7&8 Step left to left, right together, left to left. (6.00)

Sec 3: Rock back recover, shuffle forward, step ½ turn, shuffle ½ turn

1-2	Rock back on right, recover to let	ft.

3&4 Step forward on right, left together, forward right

5-6 Step forward on left, pivot ½ turn right,

7&8 Turn ¼ right stepping left to left, right together, turn ¼ right step back on left. (6.00)

Sec 4: Rock back recover, chasse right, cross rock recover, chasse 1/4 left.

1-2 Rock back on right, recover to left.

3&4 Step right to right, left together, right to right.5-6 Cross rock left over right, recover to right.

7&8 Step left to left ,right together, turn ½ left, step forward left. (3.00)

No Tags no Restarts

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