

# La Cintura

拍数: 32      墙数: 4      级数: Improver  
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音乐: La Cintura - Álvaro Soler



## S-1. Step back, coaster step, forward shuffle, pivot ¼ L-cross

1 2            step back on R, L  
3 & 4        step back on R, L close to R, step R forward  
5 & 6        step L forward, close R to L, step L forward  
7 & 8        step R forward,- turn ¼ L (weight on L) - R forward

## S-2. Botafogo, forward-recover, back shuffle

1 & 2        L cross over R, step side R, in place L  
3 & 4        R cross over L, step side L, in place R  
5 6         step L forward, recover on R  
7 & 8        step L back, close R to L, step L back

## S-3. Step back-recover, forward shuffle, pivot ½ R, turn ½ R back shuffle

1 2            step R back, recover on L  
3 & 4        forward R-L together-forward R  
5 6         step L forward, turn ½ R, step R forward  
7 & 8        turn ½ R step L back, close R to L, step L back

## S-4. Swipe back, coaster step, forward turn ½ forward, forward shuffle

1 2            swipe back on R - L  
3 & 4        step R back, close L to R, step R forward  
5 6         step L forward, turn ½ L step R back  
7 & 8        turn ½ L step L forward, close R to L, step L forward

**Restart : at wall 3 (after 16 counts)**

**Tag : at wall 5 and wall 7 mambo side :**

1&2 3&4        side R-recover L-close R to L, side L-recover R-close L to R

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