

# Hustle Me

**COPPERKNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: High Improver  
编舞者: Tom Inge Soenju (NOR) - April 2019  
音乐: Hustle - P!nk



Music Availability: on iTunes, Google Play and Amazon.

Note: This track has explicit lyric and might not be suitable for all ages.

(There are many whoop Whoop's in this track, feel free to let loose ;-)

Intro: 8 counts

Sequence: Repeating sequence.

Tag/Restart: 1 tag after wall 7 (F06:00) and 2 restarts in wall 2 (F12:00) and 5 (F06:00) after 16 counts

End: Dance as normal till music ends (F12:00) then pose.

## Section 1: R HEEL GRIND X3, KICK X2, COASTER STEP, STEP

- 1 - 2      Rock fwd R heel twisting R toe from L to R, recover weight onto LF
- 3 &      Rock fwd R heel twisting R toe from L to R, recover weight onto LF
- 4 &      Rock fwd R heel twisting R toe from L to R, recover weight onto LF
- 5 &      Kick R foot to right diagonal twice (1:30)
- 6 & 7      Step back on RF, step LF foot next to RF, Step fwd on RF
- 8      Step fwd on LF

## Section 2: RUN X3, KICK-COASTER STEP, JAZZ BOX ½ R TURN (¼, ¼)

- 1 & 2      Step fwd on RF, Step fwd on LF, Step fwd on RF
- & 3 & 4      Kick LF fwd, Step back on LF, Step RF next to LF, Step LF fwd
- 5 - 6      Cross RF over LF, Long back step (push bum out) on LF
- 7 - 8      ¼ R turn stepping RF to R side (F03:00), ¼ R turn Stepping LF to L side (F06:00)

Restart here in wall 2 (F12:00) and 5 (F06:00)

## Section 3: CROSS-STRUT, TOE STRUT, B ROCK, KICK-BALL-CROSS STRUT, TOE STRUT, COASTER STEP

- 1 &      Cross R toe over LF to L diag, Step R heel down (F04:30)
- 2 &      Step L toe to L side, Step L heel down (F06:00)
- 3 &      Step (rock) ball of RF diag L back, Recover weight onto LF (F07:30)
- 4 &      Kick RF fwd, Step (rock) ball of RF diag L back,
- 5 &      Cross L toe over RF, Step down on L heel (F06:00)
- 6 &      1/8 L turn stepping R toe to R side, Step down on R heel (F04:30)
- 7 & 8      1/8 L turn stepping back onto LF, Step RF next to LF, Step fwd on LF (F03:00)

## Section 4: CROSS, BACK (BUM), ¼ R TURN SHUFFLE, CROSS, BACK (BUM), L SHUFFLE

- 1 - 2      Cross RF over LF, Long back step (push bum out) on LF
- 3 & 4      ¼ R turn stepping RF to R side, step LF next to RF, Step RF to R side (F06:00)
- 5 - 6      Cross LF over RF, Long back step (push bum out) on RF
- 7 & 8      Step LF to L side, Step RF next to LF, Step LF to L side

Tag: After wall 7 facing 06:00 O'clock

## Tag, S1: R HEEL GRIND X3, KICK X2, COASTER STEP, ½ L PIVOT

- 1 - 2      Rock fwd R heel twisting R toe from L to R, recover back on LF
- 3 &      Rock fwd R heel twisting R toe from L to R, recover back on LF
- 4 &      Rock fwd R heel twisting R toe from L to R, recover back on LF
- 5 &      Kick R foot to right diagonal twice (1:30)
- 6 & 7      Step back on RF, step LF foot next to RF, Step fwd on RF
- 8      Half turn to your L (weight on LF)

**Tag, S2: "BITCH" SNAPS**

1 & 2 &      Step fwd on RF (1) while snapping 4 times the corners of a square (box) in the air (or like the letter Z) starting with the upper left corner (1), then the upper right corner (&), bottom left corner (2), bottom right corner (&). Styling: Do this with attitude and keep a diva/bitch face on, moving your head along with the snapping (Pardon my expression :-)

**Tag, S3: SLOW PRISSY WALKS, BACK RUN, TOUCH**

1 - 2      Step fwd on LF across RF (attitude), Hold  
3 - 4      Step fwd on RF across LF (attitude), Hold  
5 - 6 - 7      Step back on LF, Step back on RF, Step back on LF  
8      Touch RF next to LF

**Start again and enjoy! Happy Dancing!**

**Contact: If anything is unclear or if you would like additional information, please contact me:**

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