

Mashed No. 5 Anyone???

COPPER KNOB
STEPPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Val Saari (CAN) - April 2019
音乐: Mashed No. 5 (Original Mix) - B. Bumble & The Stingers



HEEL-FANS X 2 (RL), JAZZ BOX JUMP 1/4 PIVOT L

- 1-2 RF fan heel right, left
- 3-4 LF fan heel left, right
- 5-6 Cross RF over Left, Step Left back
- 7-8 Step RF to side, Jump (RF & LF together) pivot 1/4 L (9:00)

RAMBLES FORWARD (RLR,L together)

- 1-2 RF point to right side, RF step forward in front of L
- 3-4 LF point to left side, LF step forward in front of R
- 5-6 RF point to right side, RF step forward in front of L
- 7-8 LF point to left side, LF step together

HEEL TWIST/CLAP X 2 (RL), SHUFFLE RLR PIVOT 3/4 R

- 1-2 Twist heels right, Clap
- 3-4 Twist heels left, Clap
- 5-6 Rock RF forward, recover LF
- 7&8 Shuffle back RLR Pivot 3/4 R

LINDY LEFT, SIDE POINTS R,L

- 1&2 Shuffle left, LRL
- 3-4 Rock back on RF, LF recover
- 5-6 RF point to right side, RF step together
- 7-8 LF point to left side, LF step together

REPEAT - No Tags, No Restarts

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