Not Strong Enough

拍数: 68

1-2

3&4

5-6

级数: Easy Intermediate

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音乐: I'm Not Strong Enough to Say No - BlackHawk

Step right to right. Step left beside right.

7-8 Step right to right side. Touch left across in front of right. [9-16] Side Left, Right Behind, & Left, Right Cross, Side Left, Rock Back Right, Recover, Right Kick, Ball Cross 1-2 Step left to left. Step right behind left. &3-4 Step left to left. Step right over left. Step left to left side. 5-6 Rock back on right behind left. Recover weight onto left. 7&8 Kick right foot diagonally forward right. Step down onto right. Step left across in front of right. [17-24] ¼ Monterey Turn Right, Sweep Left, Hook Left, Left, Lock, Left Lock Left Point right to right side. Turn 1/4 turn right, taking the weight on right. 1-2 3-4 Sweep left from back to front of right and hook left in front of right. 5-6 Step forward on left. Lock right behind left. 7&8 Step forward on left. Lock right behind left. Step forward on left. [25-32] Step Right Forward, Pivot ½ Turn Left, Step Forward Right, Pivot ¼ Turn Left, Cross, Back, Coaster Step 1-2 Step right forward. Pivot ¹/₂ turn left. 3-4 Step right forward. Pivot 1/4 turn left. 5-6 Step right over left, Step back onto left. 7&8 Step back onto right. Step left beside right. Step forward onto right. [33-40] Rock Forward Left, Recover, 3/4 Turn Left, stepping (L, R, L), Rock forward Right, Recover Right, Behind, Side, Cross 1-2 Rock forward onto left. Recover the weight back onto right. 3&4 Turning ³/₄ turn left, triple step left, right, left

- 5-6 Rock forward onto right. Recover weight back onto left.
- 7&8 Sweeping from front to back, sweep right behind left. Step left to left side. Step right over in front of left

[41-48] Step Dip Point, Dip, Kick Ball Cross, Step Left, Cross Shuffle

- 1-3 Step left to left side. Dip from right to left. Point right toe to right side. Take weight onto right.
- 4&5 Kick left foot forward. Step down on left. Step right over in front of left.
- Step left to left side. 6
- 7&8 Cross right over in front of left. Step left beside right. Cross right over in front of left.

[49-56] Side Rock, Recover, 1/4 Turn Sailor Step, 1/2 Turn Pivot, Full Turn

- Rock left to left side. Recover weight onto right. 1-2
- 3&4 Turning ¼ turn left, step left behind right. Step right beside left. Step left beside right.
- 5-6 Step forward onto right. Pivot 1/2 turn left.
- 7-8 Turning ¹/₂ turn left, step back onto right. Turning ¹/₂ turn left, step forward onto left.

[57-64] Touch, Turn ¼ Kick, Coaster Cross, Step Touch (L &R)

[1-8] Side, Together, Chasse Right, Step 1/2 Turn Left, Touch Right Across, Step Right, Touch Left Across

Turning ¹/₂ turn right, step left to left side. Touch right across in front of left.

Step right to right. Step left beside right. Step right to right side.





墙数:4

- 1-2 Touch right foot to left foot. Turning ¹/₄ turn right, kick right foot forward.
- 3&4 Step back onto right. Step left beside right. Cross step right over left.

* RESTART DURING WALL 5 - SEE NOTE

5-8 Step forward diagonally left. Touch right beside left. Step forward diagonally right. Touch left beside right

[65-68] Forward Rock, Recover, Behind & Step Forward

- 1-2 Rock forward onto left. Recover weight onto right
- 3&4 Step left behind right. Step right to right side. Step forward on left.

RESTART:-

Wall 5 (starts at front wall) - Section 8

- 1-2 Touch right foot to left foot. Turning ¼ turn right, kick right foot forward.
- 3&4 Step back onto right. Step left beside right. Touch right beside left. RESTART THE DANCE! (9.00)

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