

Mercy Mercy Me

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Miko Yamamoto (INA) - April 2019
音乐: Mercy Mercy Me - Michael McDonald



Intro: 32 Count - No Tag – No Restart

S1: SIDE, TOGETHER, FORWARD, LOCK, DIAGONAL FORWARD LOCK SHUFFLE (RIGHT, LEFT)

1-4 Step R to side, Step L together, Step R forward, Lock L behind R
5&6 Step R forward diagonally R, Lock L behind R, Step R forward diagonally R
7&8 Step L forward diagonally L, Lock R behind L, Step L forward diagonally L

S2: SIDE, TOGETHER, RIGHT CHASSE, BEHIND CROSS ROCK, RECOVER, SIDE, BEHIND CROSS ROCK, RECOVER, SIDE

1-2 Step R to side, Step L together
3&4 Step R to side, Step L together, Step R to side
5&6 Cross rock L behind R, Recover on R, Step L to side
7&8 Cross rock R behind L, Recover on L, Step R side

S3: FORWARD ROCK, RECOVER, ½ TURN LEFT FORWARD LOCK SHUFFLE, FORWARD ROCK, RECOVER, RIGHT CHASSE

1-2 Rock L forward, Recover on R
3&4 Make ½ turn L step L forward, Lock R behind L, Step L forward
5-6 Rock R forward, Recover on L
7&8 Step R to side, Step L together, Step R to side

S4: FORWARD, ROCK, RECOVER, ¼ LEFT SAILOR COASTER STEP, SIDE MAMBO (RIGHT, LEFT)

1-2 Rock L forward, Recover on R
3&4 Make ¼ turn L sweep L back, Step R next to L, Step L forward
5&6 Rock R to side, Recover on L, Step R next to L
7&8 Rock L to side, Recover on R, Step L next to R

Have Fun !

For more information about the dance contact: febe.yamamoto@yahoo.com