Everything I Have

拍数: 32

级数: Intermediate

编舞者: Gary O'Reilly (IRE) & Maggie Gallagher (UK) - March 2019

音乐: Better Man - Westlife : (Amazon & iTunes)

NOTE: Contact Gary or Maggie for track with intro included Intro: Start on the last strike of the piano just before vocals

S1: WALK, FORWARD COASTER/SWEEP, BEHIND SIDE CROSS, UNWIND, SIDE/DRAG, BACK ROCK 1 Walk forward on right

- 2&3 Step forward on left, Step right next to left, Step slightly back on left sweeping right from front to back
- 4&5 Cross right behind left, Step left to left side, Cross right over left
- 6-7 Unwind full turn left (weight finishing on left), Long step right to right side dragging left to meet right [12:00]
- 8& Cross rock left behind right, Recover on right

S2: SIDE/DRAG, BACK ROCK, MAMBO ½, WALK, TRIPLE FULL TURN, PRISSY WALK

- 1-2& Long step left to left side dragging right to meet left, Rock back on right, Recover on left
- 3&4 Rock forward on right, Recover on left, ½ right stepping forward on right [6:00]
- 5 Walk forward on left
- 6&7 ¹/₂ left stepping back on right, ¹/₂ left stepping forward on left, Step right next to left [6:00]
- 8 Walk forward on left slightly crossing over right *RESTART Walls 2 & 5

S3: ROCK RECOVER CROSS, 1/8, BACK/HITCH, BEHIND, 1/8, CROSS ROCK, SIDE ROCK,

CROSS/SWEEP

- 1&2 Rock right to right side, Recover on left, Cross right over left
- &3 1/₂ right stepping slightly back on left [7:30], Step back on right ronde hitching left from front to back
- 4& Cross left behind right, ¹/₈ right stepping right to right side [9:00]
- 5&6& Cross rock left over right, Recover on right, Rock left to left side, Recover on right
- 7 Cross left over right sweeping right from back to front

S4: CROSS SIDE, ROCK, RECOVER ½ ROCK/HOOK, R LOCK STEP, ¼ HITCH/STEP, ROCKING CHAIR

- 8&1 Cross right over left, Step left to left side, Rock back on right
- 2&3 Recover on left, ½ left stepping back on right, Rock back on left hooking right across left [3:00]
- 4&5 Step forward on right, Lock left behind right, Step forward on right
- &6 ¹⁄₄ right ronde hitching left knee, step forward on left [6:00]
- 7&8& Rock forward on right, Recover on left, Rock back on right, Recover on left

*RESTARTS: After 16 counts on Wall 2 facing [12:00] and Wall 5 facing [6:00]

TAG: 4 count tag at the end of Wall 3 facing [6:00]

1-2-3-4 Rock forward on right, Recover on left, Rock back on right, Recover on left

ENDING: At the end of Wall 8, step forward on right to finish facing [12:00]

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Last Update - 2 May 2019





墙数: 2