

New Day

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Todd Lescarbeau (USA) - April 2019
音乐: New Day - Danny Gokey : (Album: Haven't Seen It Yet.)



****2 Restarts - walls 3 & 8**

Intro: 24 CT's. Caution: Vocals will start before the dance.

It will start when beat kicks in 24 counts in from start of music right before he says "Roll down your windows"

Section 1 : Walk,walk, touch, scoot step, coaster step, step, 1/2 turn ,sit

1,2, 3&4 Toward Right forward corner (2:00) Step R,L, touch R toe behind L Scoot back on L, step back on R
5&6 Step back on L squaring off to 12:00, step back on R, step forward on L
7&8 Step forward on R (7), pivot 1/2 Left (&), drop to a slight sit position touching L toe forward. (Wt. on R)(facing 6:00).

Section 2 : Walk L,R,L,Lock R behind L, turn 1/2 Right, Rock back R, recover, reverse coaster

1,2, Walk forward L, R,
3&4 Step forward on L (3), Lock R behind L (&), unwind 1/2 to Right, (wt. should be on L facing 12:00)
5,6 7&8 Rock back on R, recover on L, step forward on R, step forward L, Step back on R
[***Restarts Walls 3 & 8 here, adding a ball step on L (&).]

Section 3 : Lock step, ball, lock step, ball, Walk in 3/4 circle, shuffle.

1,2& Step L forward diagonal (10:00), slide R behind, step side L on L
3,4& Step R forward diagonal (2:00), slide L behind, step side R on R
5,6,7&8 Step forward on L turning 1/4 L, step forward on R turning 1/4 L Turn another 1/4 L shuffling L,R,L, (Facing 3:00)

*****for added fun raise your hands up to sky as you walk the "circle"*****

Section 4 : Rock,twist,twist, behind,side,cross, Rock, twist,twist, 1/2 turning sailor

1&2 Rock diagonal forward on ball of R, twist heels R and back wt. on L
3&4 Step R behind L, Step L to side, cross step R over L
5&6 Rock diagonal forward on ball of L, twist heels L and back wt. on R
7&8 Step L behind R turning 1/4 L, step side R turning 1/4 L, step side L (9:00)

*****Note: if the twists bother you, just do a "Rock, recover, behind, side, cross, rock, recover, 1/2 sailor" it will still follow the flow of dance count as 1,2, 3&4, 5,6, 7&8*****

The end! I hope you enjoy "A New Day!"

Contact: Todd_lescarbeau@yahoo.com