

Simpler Times

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate waltz
编舞者: Neil Hale (USA) - February 2006
音乐: Thanksgiving Waltz - Jay Ungar & Molly Mason : (CD: Harvest Home)



Google Jay Ungar or Molly Mason for information on their music.
This song has a 12 count introduction before dance begins.

Step, Step, Step; Rock, Recover, Step

1 - 3 Right long step forward, Left step next to right, Right step in place next to left;
4 - 6 Left rock left, Return weight to right, Left step next to right

Styling Note: A slight dip and rise on count 1 to effect a waltz "lilt" to the step

Rock, Recover, Step; Cross step, Step, Step

1 - 3 Right rock forward, Return weight to left, Right step back;
4 - 6 Left cross step back in front of right, Right step back, Left step back

Styling Note: On count 4, proper styling is to effect a curtsy by bending knees to lower body during the cross step

Step, Step, Step; Rock, Recover, Step

1 - 3 Right long step forward, Left step next to right, Right step in place next to left;
4 - 6 Left rock left, Return weight to right, Left step next to right

Styling Note: A slight dip and rise on count 1 to effect a waltz "lilt" to the step

Rock, Recover, Step; Step, Step, Cross step

1 - 3 Right rock forward, Return weight to left, Right step back into 1/2 turn right;
4 - 6 Left step forward into 1/2 turn right, Right step back, Left cross step over right

Step, Cross rock, Recover; Step, Cross rock, Recover

1 - 3 Right step to right, Left cross rock behind right, Return weight to right;
4 - 6 Left step to left, Right cross rock behind left, Return weight to left

Step/pivot (spin), Step, Step; Step, Cross step, Step

1 - 3 Right step right and pivot (spin) 1/4 turn left, Left step next to right, Right step in place next to left;
4 - 6 Left small step forward, Right cross step behind left, Left small step forward

Step, Cross step, Step; Rock, Recover, Step

1 - 3 Right small step forward, Left cross step behind right, Right small step forward;
4 - 6 Left rock forward, Return weight to right, Left step back into 1/2 turn left

Step, Step, Step; Cross rock, Recover, Step

1 - 3 Right step forward into 1/4 turn left, Left step in place into 1/4 turn left, Right step forward into 1/4 turn left (dancers should now be facing opposite to starting wall);
4 - 6 Left cross rock behind right, Return weight to right, Left step left

Ending: On the last 6 counts of the song, the dancer will be at the last 6 steps of the dance, and the tempo will slow noticeably. The dancer should slow the pace to match the beats of the music, and on the final step, "Left step left," the dancer should slowly slide right toe to left foot and unfold arms up and outward for a dramatic ending.

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