You Are The Reason



拍数: 16 墙数: 4 级数: Beginner

编舞者: Kerri Lessard (USA) - May 2019

音乐: You Are the Reason - Calum Scott & Leona Lewis



Short 4 count intro. Begin dance on the word 'heart'.

[1-4] WALK FORWARD WITH SWEEPS, L MAMBO STEP

Step forward R as you sweep L
Step forward L as you sweep R
Step forward R as you sweep L

4&a Press L forward, Recover back on R, Step L back

[5-8] ZIG-ZAG BACK, L COASTER STEP

Slide R diagonally back (4:30), Slide L next to R
Slide L diagonally back (7:30), Slide R next to L
Slide R diagonally back (4:30), Slide L next to R
Step back L, Step R next to L, Step L fwd

[9-12] 1/4 TURN L WITH SWAYS, CROSS-ROCK-RECOVER

1 Step R foot out ¼ turn L as you sway R hip (9:00)

Transfer weight to L as you sway L hipTransfer weight to R as you sway R hip

4&a Cross rock L over R, Recover R, Step L to L side

[13-16] PRISSY WALK R-L-R, 1/2 L TURN WITH SWEEP, L COASTER STEP

Step R fwd, Step L fwd crossing slightly over R
Step R fwd and sweep L back ½ turn L (3:00)
Step L back, Step R next to L, Step L fwd

NOTE: Hold after count 18 on 9th rotation for pause in song.

You will be facing 9:00 wall.

Then Restart dance from beginning.

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