

Two Step Tonight !

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Phrased Intermediate - WCS
编舞者: Nathalie LATERRIERE (FR) - January 2019
音乐: Two Step (feat. Colt Ford) - Laura Bell Bundy



Start after 24 counts

Sequences : AA-Tag 1-A-Tag 2-ABBA-Restart-AAA

PART A : 32 counts

A1 WALK X2 , SUGAR PUSH, PIVOT ½ TURN L , OUT OUT BACK , IN IN BACK

- 2 Walk RF, walk LF
- 3&4 Rock RF behind LF shoulders facing the right diagonal lifting L heel, Recover on LF, take weight on LF to push RF back dragging left heel towards RF and squaring up to 12:00
- 5-6 Ball LF behind RF, 1/2 T L both on ball LF and heel RF (6:00)
- &7&8 Step RF back in the R diagonal, step LF back in the L diagonal , step back RF to centre, step back LF to centre

A2 TOUCH POINT R FORWARD & SIDE, SAILOR STEP R 3/8 TURN R, SAILOR STEP L ¼ T L IN THE L DIAGONAL, PUSH TURN ¼ TURN L

- 1-2 Touch RF forward, Touch RF out to R side
- 3&4 ¼ T R crossing RF behind LF , step LF to L, 1/8 T right RF slightly forward in the right diagonal (10:30)
- 5&6 Cross LF behind RF, step forward RF to right, ¼ T left LF slightly forward in the left diagonal (7H30)
- 7- 8 1/8 T L turning around on LF and pointing RF to R , 1/8 T L turning around on LF and pointing RF to R (3:00)

A3 CROSS POINT L, ANCHOR STEP, TRAVELLING PIVOT R , BALL STEP R ½ TURN R, STEP LOCK STEP R fwd

- 1-2 Step RF across LF, Point LF to L
- 3&4 Rock LF behind RF, Rock RF forward, recover back on LF
- 5-6 ½T R RF forward (9 :00), ½T R stepping LF back (3 :00)
- &7&8 ½ T R forward on ball RF, step LF forward, lock RF behind LF, Step LF forward(9:00)

Restart here during the 5 th A facing 3:00

A4 STEP TURN ½ TURN LEFT, WIZZARD R & L , KICK BALL CHANGE R

- 1-2 Step RF forward, ½ T L (weight on LF) (3 :00)
- 3-4& Step RF in the R diagonal , lock ball LF behind RF, step ball RF to R
- 5-6& Step LF in the L diagonal, lock ball RF behind LF, step LF to L
- 7&8 Kick RF forward, step ball RF beside LF, step LF in place

PART B : 16 counts (facing 6 :00 + 12 :00))

B1 MODIFIED RHUMBA BOX R, ROCK STEP L, SAILOR ½ TURN L with SWEEP

- 1-2 Step RF to R, Step LF together with RF
- 3&4 Step RF forward, step LF next to RF, step RF forward
- 5-6 Step LF forward, recover on RF
- 7&8 ½ T L sweeping LF front to back behind RF step LF behind, step RF to R , step LF forward (12:00)

B2 WALK R, STEP OUT L, HOLD, SWIVET, WALK BACK L WITH HEEL GRIND R, WALK BACK R WITH HEEL GRIND L, COASTER L

- 1-2 Walk RF, step LF to L - HOLD
- 3-4 Swing at the same time both the ball of RF to R and heel of LF to L, put RF and LF back to centre (end weight on RF)

5-6 Step back LF grinding R heel from L to R, step back RF grinding L heel from R to L
7&8 Step back LF, step RF back together with LF, step LF forward

TAG 1 (8 counts) :At the end of the 2nd A (Facing 6 :00)

SWAY TWICE R & L DOWN & UP, WALK R, WALK L, SYNCOPATED MONTEREY TURN 1/2 TURN R

1-2 Drop down heel of RF(&) swaying down R hip to R, swaying down L hip to L

3-4 Sway up R hip to R, sway up L hip to L (end weight on LF)

5-6 Walk RF, walk LF

7& Point RF to R side, 1/2 T R step RF beside LF (12:00)

8& Point LF to L side , step LF beside RF (weight on LF)

Dance the 3rd A

TAG 2 (4 counts) : At the end of the 3rdA (Facing 3:00)

APPLE JACKS

1&2& Swing both L toe to L and R heel to L, put both L toe and R heel to centre, swing both R toe and L heel to R, put both R toe and L heel to centre

3&4& Swing both L toe and R heel to L, put both L toe and R heel to centre, swing both R toe and L heel to R, put both R toe and L heel to centre (end weight on LF)

Dance the 4th A

OPTION TAG 2: TOE & HEEL SWIVELS OUT & IN

1&2& Swing both R heel to R and L heel to L, swing both R toe to R and L toe to L, swing both R heel to R and L heel to L, swing R toe to R and L toe to L

3&4& Swing R toe in to L and L toe to R, swing R heel to L and L heel to R, swing R toe to L and L toe to R, swing R heel to centre and L heel to centre (end weight on LF)

(last update may 2019)

Last Site Update – 24 July 2019 -R2
