Native Tongue



音乐: Native Tongue - Switchfoot: (iTunes)



No intro *(Begins on first beat so start with weight on R) (EZ Tag (3X) & a Restart)

Section 1: K-STEP

1-4 *Step R fwd to right diagonal, touch L next to R, Step L back to Left diagonal, touch R next to

L

5-8 Step R back to right diagonal, touch L next to R Step L fwd to left diagonal, touch R next to L (Restart here on 7th wall, facing back wall, which is now Wall 8)

Section 2: SIDE ROCK R. CROSS SHUFFLE. 1/4 HINGE TURNS. CROSS SHUFFLE

1-2, 3&4 Rock R to right, recover weight to L, cross R over L, shift weight to L, cross R over L

5-6, 7&8 1/4 turn right stepping L back, 1/4 right stepping R to right side (6:00) Cross L over R, shift

weight to R, cross L over R

Section 3: DIAGONAL LOCK STEP, STEP HITCH, WALK BACK, TOUCH

1-2 Step R diagonally forward (1/8th turn right), lock/slide L behind R

3-4 Step R diagonally forward, hitch L, (1/8th turn right) squaring off at 9:00)

5-8 Walk back L. R. L. Touch R to right side

Section 4: 1/4 TURN RIGHT, SCUFF R, 1/4 TURN RIGHT BOX STEP

1-2 On ball of L, ¼ turn right, stepping R beside L, (12:00) touch L to left side

3-4 Step L next to R, scuff R

5-8 Step R across L, stepping back on L ¼ turn right, step R forward, step L forward (3:00)

Begin again!

TAG happens after Wall 4, facing front; after Wall 11, facing back; after Wall 13, facing front=end of dance! WALK, ½ PIVOT 2X, GRAPEVINE R & L WITH SCUFFS

1-4 Walk forward, R, L, R, ½ pivot left, shift weight to L
5-8 Walk forward, R, L, R, ½ pivot left, shift weight to L

(EZ option without half turns; Walk forward, R. L. R. scuff L; Walk back L. R. L. scuff R)

9-12 Step R to the right, cross L behind R, step R to right side, scuff L next to R
13-16 Step L to the left, cross R behind L, step L to left side, scuff R next to L

Dance sequence: 32, 32, 32, 32, 16, 32, 32, 8, 32, 32, 32, 32, 16, 32, 32 16 (end dance facing front)

Choreographers' Note: After the 3rd & final Tag (facing front) the music stops for 12 beats then continues. Rather than create a longer tag to cover those 12 counts, we chose to end the dance earlier because it's a long song.

Feel free to freestyle during the 12 counts of silence & restart if you want to keep dancing our dance four more times, still ending in the front. xo

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Thank you and enjoy the dance.

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