Outta Town

拍数: 32

级数: Intermediate

编舞者: Malene Jakobsen (DK) - May 2019

音乐: Beat 'Em Up - Frida Green : (Single - iTunes)

Intro: 4 counts, 3 seconds into track, dance begins with weight on L Tags: There's 2 tags – after wall 3 facing 6.00 and wall 5 facing 12.00 Restarts: There's 2 restarts – on wall 2 after 12 counts and on wall 6 after 20 counts	
[1-8] Side, cross rock, 1/4, fwd. rock, 1/2, 1/4, cross, side touch, side touch	
a1-2	(a) Step R to R, (1) rock L across R, (2) recover onto R 12.00
a3-4	(a) Turn 1/4 L stepping fwd. on L, (3) rock fwd. on R, (4) recover onto L 9.00
a5	(a) Turn 1/2 R stepping fwd. on R, (5) step fwd. on L 3.00
a6	(a) Turn 1/4 R, (6) cross L over R 6.00
a7a8	(a) Step R to R, (7) touch L toes next to R, (a) step L to L, (8) touch R toes next to L 6.00
[9-17] Back, back rock, 1/2, back with sweep, behind side, cross hitch, back, side, cross hitch, back, side, point across	
a1-2	(a) Step slightly back on R, (1) rock back on L, (2) recover onto R 6.00
а3	(a) Turn 1/2 R stepping back on L, (3) step back on R sweeping L from front to back 12.00
4	(4) Cross L behind R, 12.00
NOTE: Restart here on wall 2 facing 9.00	
а5	(a) step R to R, (5) cross L over R hitching R diagonally R
6a7	(6) Step back on R, (a) step L to L, (7) cross R over L hitching L diagonally L 12.00
8a1	(8) Step back on L, (a) step R to R, (1) point L across R 12.00
[18-25] Side, point across, side, cross with sweep, cross, 1/8, back, back, 1/8, cross, point, cross	
a2	(a) Step L to L, (2) point R across L, 12.00
a3	(a) step R to R, (3) cross L over R sweeping R from back to front 12.00
4a5	here on wall 6 but don't sweep - HOLD on count 4 instead of sweeping – facing 12.00 (4) Cross R over L, (a) turn 1/8 R stepping back on, (5) step back on R 1.30
4a5 a6	(a) Step back on L, (6) turn 1/8 R stepping Back on, (3) step back on R 1.30
a7-8	(a) Cross L over R, (7) point R to R, (8) cross R over L 3.00
ui o	
[26-32] Side, ba	ack rock, side, back rock, 1/4, 1/4, recover, ball, side, touch
a1-2	(a) Step L to L, (1) rock back on R, (2) recover onto L 3.00
a3-4	(a) Step R to R, (3) rock back on L, (4) recover onto R 3.00
a5-6	(a) Turn 1/4 R stepping back on L, (5) turn 1/4 rocking R to R, (6) recover onto L 9.00
a7-8	(a) Step R next to L, (7) step L to L, (8) touch R next to R 9.00
TAG: Sways	
1-2-3-4	Sway R, L, R, L
Ending: On wall 8 (begins facing 9.00) Just dance the first 5 counts in section 1 and finish at 12.00	

Contact: lovelinedance@live.dk





墙数:4

X: 4