Min jing yu qu



编舞者: Irene Deng (TW) - May 2019

音乐: Min Jiang Ye Qu (岷江夜曲) - Han Bao Yi (韓寶儀)



Intro:16 counts

Sequence: 64 64 64 / intro 24 / 64 64 32

Intro dance: 24 count

I Sec 1: (CROSS, RECOVER, CHASSES) R L 1-2 Cross RF over LF, recover on LF

3&4 Step RF to R side, step LF next to RF, step RF to R

5 – 6 Cross LF over RF, recover on RF

7&8 Step LF to L side, step RF next to LF, step LF to L

I Sec 2: Repeat isec 1

I Sec3: ROCK, RECOVER, BACK SHUFFLE, ROCK, RECOVER, FORWARD SHUFFLE

1 - 2 Rock RF forward, Recover on LF,

3&4 Step RF back, Step LF next to RF, Step RF back

5 – 6 Rock LF back, Recover on RF

7&8 Step LF forward, Step RF next to LF, Step LF forward

Main Dance: 64 count

Sec 1: CROSS R, RECOVER, CHASSES R, CROSS L, RECOVER, CHASSES L

1 – 2 Cross RF over LF, recover on LF

3&4 Step RF to R side, step LF next to RF, step RF to R

5 – 6 Cross LF behind RF, Recover on RF

7&8 Step LF to L side, step Rf next to Lf, Step Lf to L side

Sec 2: 1/4 R BACK, FORWARD, FORWARD SHUFFLE, CROSS, 1/4 L BACK, BACK SHUFFLE,

1- 2 1/4 turn R(3:00), Step RF back, Step LF forward,
3&4 Step RF forward, Step LF next to RF, step RF forward
5 - 6 Cross LF over RF, 1/4 turn L(12:00), Step RF back
7&8 Step LF back, Step RF next to LF, Step LF back

Sec 3: BEHIND, SIDE, CROSS SHUFFLE, ROCK L, RECOVER, COASTER

1 - 2 RF sweep from front to cross behind LF, Step LF to L side
 3&4 Cross RF over LF, Step LF next to RF, Cross RF over LF

5 – 6 Rock LF to L side, Recover on RF,

7&8 Step back LF, Together RF beside LF, Step Lf forward

Sec 4: LOCK STEP R L

1 – 2 Step RF forward to R diagonal(1:30), Step LF behind RF

3&4 Step RF forward to R diagonal, Lock LF behind RF, Step RF forward to R diagonal

5 – 6 1/4 turn L(10:30), Step LF forward to L diagonal, Step RF behind LF

7&8 Step LF forward to L diagonal, Lock RF behind LF, Step LF forward to L diagonal

Sec 5: CROSS, RECOVER, CHASSES R, CROSS, RECOVER, 1/4 L SAILOR

1 – 2 Cross RF over LF, Recover on LF,

3&4 Step RF to R side, Step LF next to RF, Step RF to R side

5 – 6 Cross LF over RF, Recover on RF

7&8 1/4 turn L(9:00), Sweep LF behind RF, Back RF to LF side, Step LF slightly forward

Sec 6: 1/2 L PADDLE TURN, CROSS JAZZ BOX

1 – 4 Step RF forward, 1/4 turn L(6:00) Recover on LF, Step RF forward, 1/4 turn L(3:00) Recover

on Lf

5 – 8 Cross RF over Lf, Step LF back, Step RF to R side, Step LF forward

Sec 7: CROSS SAMBA R L, 1/2 PIVOT TURN R, FORWARD SHUFFLE

1&2 Cross RF over LF, Rock LF to L side, Recover on RF
 3&4 Cross LF over RF, Rock RF to R side, Recover on LF

5 – 6 Step RF forward, 1/2 pivot turn R(9:00)

7&8 Step RF forward, Step LF next to RF, Step RF forward

Sec 8: 1/2 R BACK SHUFFLE, 1/2 R FORWARD SHUFFLE, ROCK, RECOVER, CHASSES

1&2
1/2 turn R(3:00), Step LF back, Step RF next to LF, Step LF back
3&4
1/2 turn R(9:00), Step RF forward, step LF nex to RF, Step RF forward

5 – 6 Rock LF forward, Recover on RF

7&8 Step LF to L side, Step RF next to LF, Step LF to L

Enjoy! Have fun!!

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