

# Seize Onto Happiness

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Virginia W. F. Tsui (CAN) - January 2019  
音乐: 开开心心每一天 - 囚鳥



## #32 count intro

### SIDE, BEHIND, SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH

1 2      Step left to side, cross right behind left  
3 4      Step left to side, touch right next to left  
5 6      Step right to side, touch left next to right  
7 8      Step left to side, touch right next to left

### SIDE, BEHIND, SIDE, TOUCH, FWD ROCK ¼TURN LEFT, BACK ROCK

1 2      Step right to side, cross left behind right  
3 4      Step right to side, touch left next to right  
5 6      Step forward on left, recover onto right  
7 8      ¼ turn left, step back on left, recover onto right (9:00)

### FWD, FWD, FWD, KICK (CLAP), BACK, BACK, BACK, TOUCH (CLAP)

1234      Walk forward LRL, kick right forward & clap hands  
5678      Step back RLR, touch left next to right & clap hands

### MONTEREY ¼ TURN LEFT, SIDE TOUCH, TOGETHER, JAZZ BOX

1 2      Touch left to the side, ¼ turn left & step left next to right  
3 4      Touch right to side, step right next to left  
5 6      Step left forward, cross right over left  
7 8      Step back on left, step right next to left (6:00)

Tag: After wall 3 & wall 9 add 4 counts claps

Enjoy!