California Blue (P)



拍数: 32 墙数: 0 级数: Improver Partner

编舞者: Dan Albro (USA) - May 2019 音乐: Nothing but You - Leaving Austin



Choreographed Especially for: Mishnock & Friends @ Punta Cana May 2019

Intro: 16 Count intro, start with vocals

Start: Man facing OLOD, Ladies facing ILOD, 2 hand hold, Mans footwork described, ladies opposite except where noted.

[1-8] ROCK, REPLACE, COASTER STEP, ROCK, REPLACE, COASTER STEP

1,2,3&4 Rock fwd R, replace weight L, step back R, step L next to R, step fwd R 5,6,7&8 Rock fwd L, replace weight R, step back L, step R next to L, step fwd L

[9-16] LINDY RIGHT, LINDY LEFT

1&2,3,4 Step side R, step L next to R, step side R, cross rock L behind R, replace weight R
5&6,7,8 Step side L, step R next to L, step side L, cross rock R behind L, replace weight L

* RESTART: ON 9TH REPETITION

[17-24] CHANGE SIDES, ROCK, REPLACE, CHANGE SIDES TURNING LADY, SHUFFLE

1&	Men Traveling FLOD of the lady turn ¼ left stepping side R, step L next to R
2,3,4	Turn ¼ left stepping back R, Rock back L, replace weight R
5,6,	Traveling BLOD of the lady turn ¼ right stepping side L, step fwd R,
7&8	Step fwd L, step R next to L, step fwd L
1&	Lady Traveling behind man turn ¼ right stepping side L, step R next to L
2,3,4	Turn ¼ right stepping back L, rock back R, replace weight L
5,6	Traveling in front of man turn ½ left stepping back R, turn ½ left stepping fwd L
700	Time 1/ left standing field D. stand I mout to D. standfield D.

7&8 Turn ¼ left stepping fwd R, step L next to R, step fwd R

HANDS:-

Count 1: men release ladies right at his right hip Count 2: men pick up ladies left with his right

Counts 5,6,7: man turns lady under his right, keeping his hand up for those counts.

[25-32] WALK, WALK, SHUFFLE, 1/4 TURN LUNGE, TOUCH, HEEL SWITCHES

1,2,3&4 Step fwd R, step fwd L, step fwd R, step L next to R, step fwd R

5,6 Turn ¼ right taking a large step side L, touch R next to L

7&8& Touch R heel fwd, step R next to L, touch L heel fwd, step L next to R

HANDS: Count 5: Men pick up ladies right hand in his left

(Easy Restart on 9th repetition)