You've Got What It Takes

级数: Improver / Intermediate

编舞者: Amy Christian (USA) - June 2019

音乐: Baby (You've Got What It Takes) - Brook Benton & Dinah Washington

Intro: 16 Count.

LINDY R, TOE STRUT SIDE, CROSS STRUT,

1&2 R side shuffle, (R,L,R),

拍数: 64

- 3-4 Rock back on L, Recover on R,
- 5-8 L Toe strut to left side, Cross strut R over L,

1/4 LINDY L, TOE STRUT SIDE, CROSS STRUT,

- 1&2 L side shuffle, (L,R,L),
- 3-4 ¹/₄ right Rock back on R, Recover on L, [3:00]
- 5-8 R Toe strut to right side, Cross strut L over R,

STEP OUT & TWIST HEEL-TOE-HEEL-TOE, TOUCH L OUT-HITCH-OUT-HITCH,

- 1-4 Step R out to the right side as you swivel out Heels, Toes, Heels, Toes, (weight ends on R),
- 5-8 Touch L out to L side, Hitch L knee over R knee, Touch L out to L side, Hitch L knee over R knee,

SIDE, HOLD-CLAP, SIDE, HOLD-CLAP, BACK, TOGETHER, SHUFFLE FORWARD,

- 1-4 Step L out to left side, Hold-Clap, Step R out to right side, Hold-Clap,
- 5-6 Step L back, Step R next to left,
- 7&8 Shuffle fwd, L,R,L,

*(RESTARTS happen here on Walls 3 and 5. You will hear them sing, "Oooo..."/ "Mmmm...")

KICK-KICK-COASTER, KICK-KICK-COASTER,

- 1-2 Kick R across, Kick R out to R diagonal,
- 3&4 R Coaster Step,
- 5-6 Kick L across R, Kick L out to L diagonal,
- 7&8 L Coaster Step,

SHUFFLE FORWARD X 2, SHUFFLE BACK X 2,

- 1&2 3&4 Shuffle fwd R,L,R, Shuffle fwd L,R,L,
- 5&6 7&8 Shuffle back R,L,R, Shuffle back L,R,L,

1/4 MONTEREY X 2,

- 1-4 ¼ Monterey turn, [6:00]
- 5-8 ¼ Monterey turn, [9:00]

JAZZ BOX, BACK, TOUCH-CLAP, BACK, TOUCH-CLAP,

- 1-4 Jazz Box,
- 5-8 Step R diagonally back, Touch L next to R Clap, Step L diagonally back, Touch R next to L Clap,

START OVER!

*RESTARTS happen on Wall 3, and Wall 5. Dance 32 counts and start over.

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墙数:4