

音乐: More - Clare Dunn: (Single)



Musical Intro 16 counts

[1 to 8] -RUN R, L, R - R ROCK FWD - RUN BACK R, L, R - R BACK POINT, PIVOT HALF TURN R		
1 & 2	Run RF, LF, RF forward (slightly on the soles of the feet)	

3 4 Put LF in front (with weight) and return to RF

5 & 6 Run LF, RF, LF, back (slightly on the soles of the feet)

7 8 Point RF behind and rotate on ½ turn at R (6H00) (weight on Left)

[9 to 16] -SAILOR STEP IN PLACE - SAILOR STEP WITH 1/4 TURN R, R ROCK STEP, SWEEP RF & STEP SIDE, LF POINT SIDE

1 & 2	Cross RF behind LF, place LF on L, place RF on the right (6H00)
3 & 4	Cross LF behind RF, rotate 1/4 turn to R by setting RF to R, ask LF to L (9H)
5 6	Put RF in front (with weight) and return to LF
7 & 8	Unroll the tip of the RF from front to back (7), while turning 1/4 turn to R place RF on the right
	(&),point LF on the left (8) (12H00)

The 7th and last wall will start at 3 o'clock and end naturally at 12 o'clock after the first 16 beats! HERE7 & 8 on site without swiveling, and pointing in front. Thank you

[17 to 24] -BACK ROCK POINT X2 -KICK TOUCH TOGETHER, KICK TOGETHER POINT FORWARD

1 & 2 Put the LF plant backwards and back on the RF by pointing LF on the left	
3 & 4 Put LF plant back and return to RF by pointing LF left	
5 & 6 Kick LF in front of (5), bring LF near RF (&), touch tip of RF next to LF (6)	
7 & 8 Kick the RF in front (7), bring back RF near the LF (&), point LF in front (8)	

[25 to 32] -CLOSED, STEP R FORWARD, BOUNCES & ¼ TURN L, L SAILOR STEP, R BACK STEP & TOGETHER WITH LF, IN PLACE PIVOT ¼ TURN L (Weight on LF)

& 1	Bring LF near the RF (&), move forward RF (1),
234	Lift the heels together while pivoting ¼ turn at L (234) (9H)

5 & 6 LF behind RF, RF t R, LF on the spot

7 & 8 RF behind LF (7), back LF and assemble at RF (&), 2 feet jointed rotate 1/4 turn to L (8) -6H

[33 to 40] - ROCK MAMBO, BACK MAMBO, STEP TURN STEP, ½ TURN R, ½ TURN R

1 & 2	RF in front, return weight LF, RF behind
3 & 4	LF behind, back weight RF, LF in front

RESTART HERE: after doing the 36 times of the 5th wall, departure 12H arrival 6H)

5 & 6 RF in front, ½ turn to L, RF in front (12H)

7-8 ½ turn to R, LF behind, ½ turn to R, RF in front (12H)

[41 to 48] - STEP FWD, 1/4 TURN R & CROSS, R SIDE ROCK, 1/4 COASTER STEP, 1/4 BIG SIDE, TOUCH

1 & 2	LF in front.	1/4 turn to R.	cross LF	in front of RF (3H)

3-4 RF to R, return weight on LF

5 & 6 ¼ turn to R, EFbehind, LF to side RF, RF in front (6H)

7-8 ½ turn to R with a large pitch to LF to L, tip RF to LF side (9H)

TAG HERE: end of the 2nd wall, departure 6H, arrival 6H

TAG: 8 counts; SCISSORS CROSS x3, KICK L (diago), LF TOGETHER WITH RF & RF TOUCH

1 & 2	Set RF to R, bring LF near RF, cross RF in front of LF
3 & 4	Set LF to L. bring RF back to the LF, cross LF to RF