Dying Inside



拍数: 32 **墙数:** 4 **级数:** Improver

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音乐: (Dying Inside) To Hold You - Timmy Thomas



Intro: 56 counts

SECTION I [1 - 8] SIDE, BEHIND SIDE CROSS, 1/4 LEFT, 1/4 LEFT TURN SHUFFLE, CROSS, RECOVER

1 2&3 Step R to right, step L behind R, step R to right, cross L over R

4 Turn ¼ left stepping R back (9:00)

5&6 Turn ¼ left stepping L, step R next to L, step L to left (6:00)

7-8 Cross R over L, recover on L

SECTION II [9 – 16] 1/4 RIGHT TURN SHUFFLE, CROSS, POINT, BEHIND TURN FORWARD, HOP BALL HOLD

1&2 Step R to right, step L next to R, turn ¼ stepping R forward (9:00)

3-4 Cross L over R, touch R diagonally forward (10:30)

5&6 Step R behind L, turn 1/4 left stepping L slightly forward, step R forward (6:00)

&7-8 Hop L forward, touch ball of R next to L, hold

Section III [17 - 24] BACK CROSS BACK SIDE, 1/4 RIGHT TURN JAZZ BOX

1-2 Step R back, cross L over R3-4 Step R back, step L to left

5-6 Cross R over L, turn 1/4 right stepping L back (9:00)

7-8 Step R to right, cross L over R

(** Restart after Wall 2 facing 3:00 and after Wall 5 facing 9:00 **)

Section IV [25 - 32] FULL TURN LEFT, ROCKING CHAIR, HEEL BALL CROSS

1-2 Turn ½ left stepping R back, turn ½ left stepping L forward

3-4 Rock R forward, recover on L 5-6 Rock R back, recover on L

7&8 Touch R heel forward, step ball of R next to L, cross L over R

Tag: There is a 4-count Tag at end of Wall 8 facing the front wall

1-4 Step R to right, slide L next to R, step L to left, slide R next to L

Ending: On 10th Wall (facing 9:00), dance up to count 28 in Section IV, touch R behind L, ½ turn right with weight on R, step L forward.

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