

All Night All Night

拍数: 32 墙数: 2 级数: Improver
编舞者: Adam Åstmar (SWE) - June 2019
音乐: All Night Long (All Night) - Benjamin Ingrosso



Intro: 8 counts.

Sect – 1: Step. Point. Behind-Side-Cross. Side. 1 / 4 Side. Cross Shuffle.

- 1 – 2 (1) Step forward on RF, slightly across LF. (2) Point to the left with LF.
- 3 & 4 (3) Step LF behind RF. (&) Step to the right on RF. (4) Cross LF over RF.
- 5 – 6 (5) Step to the right on RF. (6) Turn 1 / 4 to the left stepping to the side on LF. {9:00}
- 7 & 8 (7) Cross RF over LF. (&) Step to the left on LF. (8) Cross RF over LF.

Sect – 2: Side Touches & Shakey Shakey. Kick-Ball-Touch & Snap. 1 / 4 Curved Walk.

- 1 – 2 (1) Step to the left on LF. (2) Touch RF next to LF.
- 3 – 4 (3) Step to the right on RF. (2) Touch LF next to RF.
- * When doing the side touches, make sure to shake your body to the beat! *
- 5 & 6 (5) Kick forward with LF. (&) Ball step LF next to RF. (6) Touch RF slightly forward and snap fingers on L hand.
- 7 – 8 (7) Step forward on RF turning 1 / 8 to the right. (8) Step forward on LF turning 1 / 8 to the right. {12:00}

Note: - Tag comes here on wall 3, facing 12'00 -

Sect – 3: Press & Sweep. Lock Back. Full Turn Back. Lock Back.

- 1 – 2 (1) Press forward on RF. (2) Recover onto LF, sweeping RF from front to back.
- 3 & 4 (3) Step back on RF. (&) Lock LF over RF. (4) Step back on RF.
- 5 – 6 (5) Turn 1 / 2 to the left stepping forward on LF. (6) Turn 1 / 2 to the left stepping back on RF.
- 7 & 8 (7) Step back on LF. (&) Lock RF over LF. (8) Step back on LF.

Sect – 4: Rock Back. Step 1 / 2 Turn. Step. Full Turn. Step.

- 1 – 2 (1) Rock back on RF. (2) Recover onto LF.
- 3 – 4 (3) Step forward on RF. (4) Turn 1 / 2 to the left, placing weight on LF. {6:00}

Note: - Restart here on wall 10, facing 12'00 -

- 5 – 6 (5) Step forward on RF. (6) Turn 1 / 2 to the right stepping back on LF.
- 7 – 8 (7) Turn 1 / 2 to the right stepping forward on RF. (8) Step forward on LF.

Note: - Tag comes here on wall 7, facing 6'00 -

Option: Instead of doing the full turn in the last 4 counts you could either do:

- (1). Walk 4 steps forward R, L, R, L (5,6,7,8)
- (2). Step R, Point L, Step L, Point R. (5,6,7,8)

Tag: Out, Out, With Arms In The Air.

- 1 – 2 (1) Step to the right diagonal on RF and put both hands in the air, slightly to the right. (2) Step to the left diagonal on LF, keeping hands in the air and bringing them slightly to the left.

Have fun!