Don't Wanna Dance

级数: Beginner

编舞者: Frank Trace (USA) - June 2019

音乐: You Don't Wanna Dance - Theo X

#16 count intro from the start of the music. No tags and No restarts

拍数: 32

RIGHT HEEL DROPS, SWITCH, LEFT HEEL DROPS, SWITCH

- 1-4& Bend body slightly back (arms down to sides) touch R toe forward & drop heel 4 times, (&) bring R in switching weight to R
- 5-8& Bend body slightly forward (hands on hips) touch L toe forward & drop heel 4 times, (&) bring L in switching weight to L

ROCKING CHAIR, SHUFFLE FORWARD X2

- 1-4 Rock R forward, recover on L, rock R back, recover on L
- 5&6 Shuffle forward stepping R, L, R
- 7&8 Shuffle forward stepping L, R, L

JAZZ BOX ¼ TURN, HIP BUMPS RIGHT AND LEFT

- 1-4 Cross step R over L, step L back turning slightly right, step R to side right side completing a 1/4 turn right, step L next to R (3:00)
- 5-8 Turn head and look Right as you bump hips right two times, Turn head and look Left as you bump hip left two times

ROLLING VINE RIGHT, VINE LEFT, SCUFF

- 1-4 Rolling a full turn right, step R, L, R and touch L next to R (Clap Hands) (3:00)
- 5-8 Step L to left side, step R behind L, step L to left side, scuff R

Vine Options: You may do Regular Vines right and left or Rolling Vines right and left.

BEGIN AGAIN





墙数:4