

Your Lips Are MOVIN, (lyin', lyin', lyin')

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Val Saari (CAN) - June 2019
音乐: Lips Are Movin - Meghan Trainor



INTRO (0.07 seconds)

iS1: HEEL BOUNCES X 8 (RRRR,LLLL)

- 1-4 With feet apart, Bounce on RF heel four times/Right hand makes "Talking" motion from forward moving to right
5-8 Bounce on LF heel four times/Left hand makes "Talking motion from forward moving left

iS2: REPEAT 1-8

S1: TOE-STRUTS FORWARD X 2, SHUFFLE RLR PIVOT 1/2 R

- 1-2 Touch RF toes forward, Drop heel
3-4 Touch LF toes forward, Drop heel
5-6 RF rock forward, LF recover
7&8 Shuffle back RLR Pivot 1/2 R

S2: MAMBO LEFT, KICK, JAZZ BOX BOUNCE

- 1-2 LF Rock side left, RF recover
3-4 LF close together beside R, kick RF forward
5-6 Cross RF over Left, Step Left back
7-8 Step RF to side, Step LF together with Right/Bounce R heel (weight on LF)

S3: CROSS MAMBO CHA CHA CHA, CROSS MAMBO SCUFF

- 1-2 RF Cross over L, LF Recover weight
3&4 Step RF beside L, Step LF in place, Step RF in place
5-6 LF Cross over R, RF Recover weight
7-8 Step LF beside R, Scuff RF forward

S4: JAZZ BOX JUMP 1/4 PIVOT L, ROCKING CHAIR

- 1-2 Cross RF over Left, Step Left back
3-4 Step RF to side, Jump (RF & LF together) pivot 1/4 L
5-6 Rock RF forward, Recover Left
7-8 Rock RF back, Recover Left

REPEAT - No Tags, No Restarts

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