

I'm Blessed

COPPER KNOB
BY STEPHEN BRETZ

拍数: 32 墙数: 2
编舞者: Julia Wetzel (USA) - June 2019
音乐: Blessed - Thomas Rhett



Intro: 16 counts, start one count before lyrics (19 sec. into track)

[1 – 8] 1/8 L Rock, Back, Back Rock, 7/8 R, Cross, Side, Sailors L R

1, 2a3 1/8 Turn left (10:30) rock R fw (1), Recover L (2), Step R back (a), Rock L back (3) 10:30
4a5 Recover R (4), 1/2 Turn right step L back (a), 3/8 Turn right step R fw square to 9:00 sweep L to front (5) 9:00
6a Cross L over right (6), Step R to right side (a) 9:00
7&a Step L behind (7), Step R to right side (&), Step L to left side (a) 9:00
8&a Step R behind L (8), Step L to left side (&), Step R to right side (a) 9:00

[9 – 16] Touch-Unwind 1/2 L into Lunge, Rolling Turn R, Cross, Side, Close, Cross-Unwind 3/4 L, 1/2 L Shuffle (2x)

1, 2 Touch ball of L behind R and start unwind 1/2 turn L (1), Finish unwind into L Lunge prep for right turn (2) 3:00
3&a4 1/4 Turn right step R fw (3), 1/2 Turn right step L back (&), 1/4 Turn right step R to right side (a), Cross L over R (4) 3:00
5a6 Step R to right side (5), Close L next to R (a), Cross R over L and unwind 3/4 left weight ends on L (6) 6:00
7&a8&a 1/2 Turn left shuffle R L R (7&a), 1/2 Turn left shuffle L R L (8&a)
Non-Turning Option: Shuffle fw R L R (7&a), Shuffle fw L R L (8&a) 6:00

[17 – 24] Prissy Walk R L, Jazz, 1/4 L, Step, Step 3/4 L Hitch, Sway R L

1, 2 Step R fw crossing over L (1), Step L fw crossing over R (2) 6:00
3&a4 Cross R over L (3), Step L back (&), Step R slightly to right side (a), Cross L over R and turn 1/4 left on L touching R next to L (4) 3:00
5, a6 Step R fw (5), Step L fw torque upper body right (a), Turn 3/4 left on L hitching R (6)
Easy Option: Cross R over L (5), 1/4 Turn right step L back (6) 6:00
7, 8 Step R to right side and sway right (7), Place weight on L and sway left (8) 6:00
*Tag and restart here on Wall 5 facing 6:00

[25 – 32] 1/4 R Sweep, Cross, Side, Behind, Side, 1/8 R Step, Step, Pivot 1/2 L, Waltz Basic 1/2 L (2x)

1, 2 1/4 Turn right step R fw sweep L to front (1), Cross L over R (2) 9:00
3&a4 Step R to right side (3), Step L behind R (&), Step R to right side (a), 1/8 Turn right (10:30) step L fw (4) 10:30
5, 6 Step R fw (5), Pivot 1/2 turn left step L fw (6) 4:30
7&a8&a 1/2 Turn left step R back (7), Step L next to R (&), Replace weight on R (a), 1/2 Turn left step L fw (8), Step R next to L (&), Replace weight on L (a), Rock R fw (1)

Extra Turn Option - Recommended on all even Walls (2, 4, 6): 1/2 Turn left step R back (7), 1/4 Turn left step L next to R (&), 1/4 Turn left step R fw (a), Step L fw (8), 1/2 Turn left step R back (&), 1/2 Turn left step L fw (a), Rock R fw (1) 4:30

Tag: On Wall 5 dance up to Count 24 (Sway left), do the following 2 counts then start Wall 6 facing 6:00

1, 2&a Sway right (1), Step L to left side (2), Step R behind L (&), Step L to left side (a)

Ending: Sweep both arms fw as you step R fw on Count 1 of Wall 7 facing 10:30, then bring hands in and place them over your heart as he sings "Blessed"

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