Old Town Road

拍数: 96

级数: Improver

编舞者: Kelli Derengowski - June 2019

音乐: Old Town Road (feat. Billy Ray Cyrus) (Remix) - Lil Nas X

Intro 16 beats. Start at vocals. No Tags Or Restarts

S-1 WEAVE WITH ½ PADDLE TURN TO LEFT

- LF X Behind RF- RF Side LF X front of RF. 1-4
- 5-8 (Paddle turn) -RF LF RF LF using left foot as pivot point using RF to push with hip roll.

S-2 REPEAT WEAVE WITH ½ PADDLE TURN TO LEFT

- 1-4 LF X Behind RF- RF Side LF X front of RF.
- 5-8 (Paddle Turn) RF LF RF LF using left foot as pivot point using RF to push with hip roll.

S-3 MOVE FORWARD TOWARD RIGHT 3 HALF STEPS THEN BRUSH ON 4 . MOVE FORWARD LEFT 3 HALF STEPS THEN BRUSH ON 8

- Moving diagonal right-RF step forward, bring LF together to RF, Step forward with RF- brush 1-4 LF to RF
- Moving forward turning slightly left, LF step forward, bring RF to LF, Step forward with LF-5-8 Brush RF to LF

S-4 RETRACE STEPS MOVIG BACKWARDS LASSO WITH RIGHT ARM

- Moving backwards diagonal right-RF step back, bring LF together to RF, Step back with RF-1-4 brush LF to RF
- Moving backwards turning slightly left, LF step forward, bring RF to LF, Step forward with LF-5-8 Brush RF to LF

S-5 -S8: FOUR SETS OF SYNOPATED WEAVES WITH ¼ TURN HIP ROCK HIP ROCK TO FACE EACH WALL FOR A TOTAL OF 32 COUNTS.

- 1,2 Step to the side with RF. Cross LF behind RF
- RF step to the side on & LF cross over RF on 3. RF step to the side on 4 &3.4

HIP ROCK, HIP ROCK W ¼ AND TAP.

5-6 Transfer weight to left foot rocking hip to left. Rock to right transferring weight to RF

7-8 Transfer weight to LF turning ¼ turn to right rock hip to left, bring RF to LF and Tap.

No Weight on RF.

REPEAT FOR S6-S7and S8 UNTIL FACING WALL 1

S-9 Back steps and small kicks swiping right hand toward the kicking leg (spank that pony)

Back step RF, small kick LF, Back step LF, small kick RF, Back step RF, Small kick LF, Back 1-8 Step LF, small kick RF.

S-10 FULL CIRLC PADDLE TURN WITH OPTIONAL HIP ROLL TO LEFT

1-8 With weight in LF use RF to push or paddle to the left shifting weight as you turn.

S-11 KICK OUT KICK IN CROSSING CROSSING FOOT OVER ANKLE KICK OUT STEP TOGETHER

- RF Kick, bring back and cross over left ankle, 1-2
- 3-4 Kick RF out again then bring RF back to LF Transferring weight to RF.
- 5-6 Mirror kick steps with opposite foot. LF Kick, bring back and cross over Right ankle,
- 7-8 Kick LF out again then bring LF back to RF Transferring weight to LF.

S-12 ROCK STEP HOLD, ROCK STEP HOLD DIAGONAL LEFT THEN DIAGONAL RIGHT

1-2 RF Rock forward diagonal left, recover shifting weight to LF,





墙数:1

- 3-4 Bring RF back beside LF on 3 in standing position and hold on 4
- 5-6 LF Rock Forward diagonal Right, recover shifting weight to RF
- 7-8 Bring LF back to RF on 7 to standing position and hold on 8

No Tags or restarts! Don't let the number steps fool you! Lots of steps are repeated. Have fun get funky.