

Whiskey For My Nerves

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Frank Heelan (IRE) - July 2019
音乐: Shot of Glory (Diesel Turbo Remix) - The Washboard Union



Sec.1: Left lock step, side rock cross, ball cross, side rock recover, behind side turn.

1&2 Step forward left, lock right behind, forward left.
3&4 Rock right to right, recover to left, cross right over left.
&5 Step on ball of left, cross right over left.
6-7 Rock left to left, recover to right.
8&1 Step left behind, right to right, Turn ¼ right stepping forward left. (3.00)

Sec 2: Right kick ball step, side rock back, sailor ½ turn, shuffle ½ turn.

2&3 Kick right forward, step down on ball of right, forward left.
4&5 Rock right to right, recover to left, step right behind.
6&7 Sweep left around turning ½ left, recover to right, step left to left.
8&1 Turn ¼ left stepping right to right, left together, turn ¼ left step back right. (3.00)

Sec 3: Rock recover step, Monterey ½ turn. point, turn, point. Cross shuffle.

2&3 Rock back on left, recover to right, step forward left.
4&5& Point right, to right side, turn ½ right stepping right next to left, point left to left side, step left next to right.
6&7 Point right to side, turn ¼ right, stepping right next to left, point left to left.
8&1 Cross left over right, step right to right, cross left over right. (12.00)

Sec 4: Side rock cross, chasse ¼ turn, chasse ½ turn, side rock recover.

2&3 Rock right to right, recover to left, cross right over left.
4&5 Step left to left, right together, turn ¼ right step back on left. (3.00)
6&7 Turn ¼ right stepping right to right, left together, turn ¼ right step forward right.
8& Rock left to left side, recover to right. (9.00)

Restart and step change on wall 4 dance the first 15 counts step forward right on count 8 and Restart facing 12.00.

The same on wall 6 and Restart facing 6.00

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