Old Town Road

拍数: 32

级数: Beginner

编舞者: Taren Gaia (SA) - July 2019

音乐: Old Town Road (feat. Billy Ray Cyrus) (Remix) - Lil Nas X

Intro: 16 counts (slow counts - start dancing when he starts singing)

[1-8] V Step, Hitch, Side Rocks, Jump

- Step RF Forward on diagonal, Step LF Forward on Diagonal 1-2
- 3-4 Step RF Back on diagonal, Hitch L Knee
- 5-6 Step LF to L side, Recover weight onto RF
- 7-8 Rock weight onto LF, Step RF to LF making a small jump (clap hands as bring feet together)

[9-16] Side Step, Foot Drags, 1/4 turn side Step, Foot Drags

- Step RF to R Side, Tap LF to RF 1-2
- 3-4 Slide LF out to L side, Slide LF in to RF
- 5-6 Making a 1/4 turn L Step LF to L Side, Tap RF to LF
- Slide RF out to R side, Slide RF in to LF 7-8

[17-24] Heel Grind, Back Rock Recover, 1/2 Turn Heel Grind, Back Rock Recover

- 1-2 Dig R Heel swiveling foot from L to R
- 3-4 Step RF back, recover weight onto LF
- 5-6 Dig R Heel (toe pointed to L), making a 1/2 turn R step back on LF
- 7-8 Step RF back, recover weight onto LF

[25-32] Out, Out, Toe Heel Swivels inwards, Jump Kick, Recover

- Step RF to R Side, step LF to L Side 1-2
- 3-4 Swivel both heels inwards, swivel both toes inwards
- 5-6 Swivel both heels inwards, swivel both toes inwards to bring feet together
- 7-8 Jump back on RF kicking LF, Recover weight onto LF*
- * You can replace count 7-8 with a back rock recover if required

Enjoy

Contact: taren@fusodanse.co.za

Please feel free to use alternate music but do not alter the step sheet without notifying the choreographer first.





墙数:4