

# I'm Ready To Run

**COPPER** KNOB  
STEPPERS

拍数: 64      墙数: 2      级数: Improver  
编舞者: Caroline Cooper (UK) & Ann-Kristin Sandberg (NOR) - July 2019  
音乐: Ready to Run - The Luck : (iTunes)



Start on main vocals

## SECTION 1: OUT, OUT, COASTER STEP, WALK X 2, SHUFFLE

1-2      Step R out to R diagonal, step L out to L diagonal  
3&4      Step R foot back, step L foot back, step R foot forward  
5-6      Walk forward L & R  
7&8      Step forward L, step R next to L, step forward L (12)

## SECTION 2: STEP 1/4, CROSS SHUFFLE, 1/4 1/4 CROSS SHUFFLE

1-2      Step forward R, 1/4 pivot turn L (weight L)  
3&4      Cross R over L, step L to L side, cross R over L  
5-6      1/4 turn R stepping back on L, 1/4 turn R stepping R to R side  
7&8      Cross L over R, step R to R side, cross L over R (3)

## SECTION 3: SIDE, TOUCH, KICK & CROSS, SIDE RECOVER, CHASSE

1-2      Step R to R side, Touch L next to R  
3&4      Kick L foot forward, Step L next to R, Cross R over L  
5-6      Step L to L side, Recover onto R  
7&8      Step L to L side, Step R next to L, Step L to L side (3)

## SECTION 4: CROSS, BACK, BACK, CROSS, BACK TOUCH, SHUFFLE

1-2      Cross R over L, Step L back  
3-4      Step R back, Cross L over R  
5-6      Step R back, Touch L next to R  
7&8      Step L forward, Step R next to L, Step L forward (3)

## SECTION 5: STOMP, HOLD, BEHIND SIDE CROSS, 1/4 MONTERAY

1-2      Stomp R to R side, hold  
3&4      Cross L behind R, step R to R side, cross L over R  
5-6      Point R to R side, 1/4 turn R stepping R next to L  
7-8      Point L to L side, close L next to R (6)

## SECTION 6: STOMP, HOLD, BEHIND SIDE CROSS, 1/2 MONTERAY

1-2      Stomp R to R side, hold  
3&4      Cross L behind R, step R to R side, cross L over R  
5-6      Point R to R side, 1/2 turn R stepping R next to L  
7-8      Point L to L side, close L next to R (12)

## SECTION 7: ROCK RECOVER, 1/2 TURN R INTO SHUFFLE, ROCK RECOVER, COASTER STEP

1-2      Step R forward, Recover onto L  
3&4      1/2 turn R stepping R forward, Step L next to R, Step R forward (6)  
5-6      Step L forward, Recover onto R  
7&8      Step L back, Step R next to L, Step L forward (6)

## SECTION 8: STEP, TOGETHER, STEP, TOUCH, STEP, TOGETHER, STEP, TOUCH

1-2      Step R diagonal forward to R, Step L next to R  
3-4      Step R diagonal forward to R, Touch L next to R (clap on count 4)

5-6 Step L diagonal forward to L, Step R next to L  
7-8 Step L diagonal forward to L, Touch R next to L (clap on count 8) (6)

**RESTART ON WALL 6 AFTER 8 COUNTS F 06**

**HAPPY DANCING!**

**CONTACT : [coolcoopers@yahoo.com](mailto:coolcoopers@yahoo.com) [anne88@online.no](mailto:anne88@online.no)**

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