So Cool

拍数: 64

级数: Improver

编舞者: Val Quirion - July 2019

音乐: Cool - Jonas Brothers



Start after 16 counts

S1: Rocking chair, Shuffle, Rocking chair, Shuffle

1&2& Rock R forward, Recover L, Rock R back, Recover to L

墙数:1

- 3 & 4 Step R foot forward, Step L next to R, Step R foot forward
- 5&6& Rock L forward, Recover R, Rock L back, Recover to R
- 7 & 8 Step L foot forward, Step R next to L, Step L foot forward

S2: Pivot 1/2, Shuffle, Rock Recover, Coaster

- 1,2 Step R foot forward, turn Left ¹/₂ turn (keeping weight on Left)
- 3&4 Step R foot forward, Step L next to R, Step R foot forward
- 5,6 Rock L forward, Recover on R
- 7&8 Step L foot back, step R next to L, step L foot forward

S3: Rocking chair, Shuffle, Rocking chair, Shuffle

- 1&2& Rock R forward, Recover L, Rock R back, Recover to L
- 3 & 4 Step R foot forward, Step L next to R, Step R foot forward
- 5&6& Rock L forward, Recover R, Rock L back,, Recover to R
- 7 & 8 Step L foot forward, Step R next to L, Step L foot forward

S4: Pivot 1/2, Shuffle, Rock Recover, Coaster

- 1,2 Step R foot forward, turn Left ½ turn (keeping weight on Left)
- 3&4 Step R foot forward, Step L next to R, Step R foot forward
- 5,6 Rock L forward, Recover on R
- 7&8 Step L foot back, step R next to L, step L foot forward

Tag on 3rd wall after 32 counts

S5: Step R, kick L, L sailor step, R heel, Step R ¼ turn R, kick L, Left sailor step, right heel

- 1,2 Step R to R side, kick L foot diagonal left
- 3&4& Step L behind R, step R to R side, step L to L side, R heel forward
- 5,6 Step R foot making ¼ turn R, kick L foot diagonal left
- 7&8& Step L behind R, step R to R side, step L to L side, R heel forward

S6: Step R ¼ turn R, kick L, Left sailor step, right heel , Skate back on diagonal 4 times, RL,RL

- 1,2 Step R foot making ¼ turn R, kick L foot diagonal left
- 3&4& Step L behind R, step R to R side, step L to L side, R heel forward
- 5,6 Step backwards on diagonal on R, step backwards on diagonal on L
- 7,8 Step backwards on diagonal on R, step backwards on diagonal on L

S7 + S8: Repeat the last 16 counts (returning to front wall)

Tag Rock back, Recover, Right Scuff, Hold

1 & 2,3 Step R back, Step L, Brush R foot up and hold

Last Update - 3 Aug 2019