Over The Edge



编舞者: Ross Brown (ENG) - July 2019

音乐: Reach (NBC Olympic Version) - Gloria Estefan: (CD: Destiny - Length - 3:51)



Intro: 8 Counts (Approx. 6 Seconds)

Restarts 1 & 3: On Walls 2 & 6, restart after 28 Counts (*R1*) facing 9 o'clock.

Restart 2: On Wall 4, restart after 8 Counts (*R2*) facing 12 o'clock.

Note: This dance has been dedicated to all my amazing friends who took part in the Line Dance Foundation – Over The Edge challenge.

SIDE LUNGE, HITCH FULL TURN L. SIDE, BEHIND, SIDE. CROSS ROCK. BALL, CROSS, BACK 1/4 TURN R. SIDE 1/4 TURN R, CROSS.

1 – 2	Lunge R to R, on ball of L foot make a full turn L hitching R knee in.
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3 – 4 & Step R to R, cross step step L behind R, step R to R.

5 – 6 Cross rock L over R, recover onto R.

& 7 & Step L next to R, cross step R over L, make a ¼ turn R stepping L back.

8 & Make a ¼ turn R stepping R to R, cross step L over R. (6 O'CLOCK)

(*R2*)

DIAMOND FALL AWAY ½ TURN L. RUN BACK. SWAY ¼ TURN L, SWAY, SWAY.

1 – 2 &	Step R to R, make an 1/8 turn L running back; L, R.
3 – 4 &	Make an 1/8 turn L stepping L to L, make an 1/8 turn L running forward; R, L.
5 – 6 &	Make an 1/8 turn L stepping R to R, run back; L, R.
7 – 8 &	Make a ¼ turn L stepping L to L swaying L, sway; R, L. (9 O'CLOCK)

HITCH ½ TURN R, PRESS, RECOVER with HITCH BACK. DIAGONAL RUN BACK with SWEEP. X2. BEHIND, SIDE, CROSS.

1	On ball of R foot make a ½ turn R hitching L knee up.
2 – 3	Press L forward, recover onto R hitching L knee back.
4 & 5	(On the 1:30 diagonal) Run back; L, R, run back L sweeping R back.
6 & 7	(On the 4:30 diagonal) Run back; R, L, run back R sweeping L back.
8 & 1	(Straightening up to 3 o'clock) Cross step L behind R, step R to R, cross step L over R. (3 O'CLOCK)

SIDE ROCK $\frac{1}{4}$ TURN L. PRISSY WALKS. STEP, PIVOT $\frac{1}{2}$ TURN L, BACK $\frac{1}{2}$ TURN L. ($\frac{1}{4}$ TURN L) BASIC NIGHTCLUB STEP.

2 &	Rock R to R, make a ¼ turn l	L recovering onto L.
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3 – 4 Prissy walks; R, L.

(*R1 & R3*)

5 – 6 & Step R forward, pivot a ½ turn L, make a ½ turn L stepping R back.

7 – 8 & Make a ¼ turn L stepping L to L, cross step R behind L, cross step L over R. (9 O'CLOCK)

END OF DANCE!