

Mountain Dew

COPPER KNOB
STEPPERS

拍数: 128 墙数: 1 级数: Phrased Intermediate
编舞者: Viridiana Becerra - July 2019
音乐: Good Ole Mountain Dew - Buck Owens



Sequence: A-TAG-B-TAG-AB

PART A: 64 counts

CHASSE R, ½ TURN TO L AND CHASSE L, ROCK RECOVER, KICK BALL STEP

1&2 Step RF to R, LF together R, Step RF to R
3&4 ½ turn to L stepping LF to L, RF together L, Step LF to L
5, 6 Rock back RF, Recover LF
7&8 Kick RF forward, Step RF, Step LF

CHASSE DIAG R, ¼ TURN TO L AND CHASSE, CROSS ROCK, RECOVER, OUT OUT

1&2 Step RF to diagonal Forward R, Step LF together, Step RF to diagonal Forward R
3&4 ¼ turn to L and Step LF to side, RF near to L, Step LF to side
5, 6 Cross RF over L, Recover LF
7, 8 Step RF to side, Step LF to side

CROSS RF BACK, STEP TO SIDE, STEP TO SIDE, CROSS LF BACK, STEP TO SIDE, STEP TO SIDE, JAZZ BOX WITH POINT

1&2 Cross RF back, Step LF to side, Step RF to side
3&4 Cross LF back, Step RF to side, Step LF to side
5, 6 Cross RF over L, Step LF back
7, 8 Step RF to side, Point LF to side

ROLLING VINE, SHUFFLE DIAG R, ROCK TOE

1, 2 Step LF to side, ½ to L and Step RF to side
3,4 ½ turn to L and Step LF to side, Touch RF together
5&6 Step RF to diagonal forward R, Step LF near to R, Step RF to diagonal forward R
7, 8 Step LF forward, Toe RF back

STEP RF BACK, ¼ TURN TO L AND SHUFFLE FWD DIAG L, STOMP RF TO SIDE, CROSS POINT BACK, POINT TO SIDE, FLICK, STEP LF TO SIDE

1 Step RF back
2&3 Turn 135° to L stepping LF forward, RF near to L, Step LF forward
4 Stomp RF
5, 6 Cross Point LF back, Point LF to side
7, 8 Raise LF behind R and Touch left heel with right hand, Step LF to side

JAZZ BOX CROSS, STEP RF TO SIDE, HOLD, STEP LF TO RIGHT, STEP RF TO R, L TOGETHER

1, 2 Cross RF over L, Step LF back
3, 4 Step RF to side, Cross LF over R
5, 6 Step RF to side, Hold
&7,8 Step LF together R, Step RF to side, LF together R

MONTEREY

1, 2 Point RF to side, Step RF and ½ turn to R
3, 4 Point LF to side, Step LF together
5, 6 Point RF to side, Step RF and ½ turn to R
7, 8 Point LF to side, Step LF together

HEEL GRIND R&L X2

- 1, 2 Right Heel forward, Turn the tip right foot out to the right
- &3,4 Step RF back, Left Heel forward, Turn the tip left foot out to the left
- &5,6 Step LF back, Right Heel forward, Turn the tip right foot out to the right
- &7,8 Step RF back, Left Heel forward, Turn the tip left foot out to the left

PART B: 64 counts

CHASSE R, ROCK RECOVER, CHASSE, ½ TURN TO R

- 1&2 Step RF to side, LF near to R, Step RF to side
- 3, 4 Rock LF, Recover RF
- 5&6 Step LF to side, RF near to L, Step LF to side
- 7, 8 ½ turn to R and Step RF to side, Weight on L

WEAVE, ANCHOR STEP, ¼ TURN TO L and STEP LF FWD, RECOVER

- 1, 2 Cross RF back, Step LF to side
- 3, 4 Cross RF over L, Step LF to side
- 5&6 Cross RF back, Recover LF, Recover RF back
- 7, 8 ¼ turn to L and Rock LF forward, Recover RF

¼ TURN TO L AND CHASSE L, PIVOT TO L, ROCK RECOVER, STOMP AND ¼ TURN TO R, KICK

- 1&2 ½ turn to L stepping LF forward, RF near to L, Step LF forward
- 3, 4 Step RF forward and full turn on RF, Step LF forward
- 5, 6 Rock RF forward, Recover LF
- 7, 8 Stomp RF and ¼ turn to R, Kick RF forward

STEP R&L BACK, ANCHOR STEP, STEP LF FWD, TOGETHER, STEP LF FWD TOGETHER

- 1, 2 Step RF back, Step LF back
- 3&4 Cross RF back, Recover LF, Recover RF back
- 5, 6 Step LF forward, Together RF
- 7, 8 Step LF forward, Together RF

HEELS OUT, TOES OUT, TOES IN, HEELS IN, ½ TURN TO R AND SHUFFLE, ½ TURN TO R AND SHUFFLE

- 1, 2 Both heels open to sides, Both toes open to sides
- 3, 4 Both toes close, Both heels close
- 5&6 ½ turn to R stepping RF forward, LF near to R, Step RF forward
- 7&8 ½ turn to R stepping LF back, RF near to L, Step LF back

SHUFFLE BACK RF, ROCK RECOVER, OUT OUT, IN IN

- 1&2 Step RF back, LF near to R, Step RF back
- 3, 4 Rock LF, Recover RF
- 5, 6 Left heel forward, Right heel forward
- 7, 8 Step LF back, Step RF back

SHUFFLE FWD R&L, STEP RF, ½ TURN TO L, PIVOT TO L

- 1&2 Step RF forward, LF near to R, Step RF forward
- 3&4 Step LF forward, RF near to L, Step LF forward
- 5, 6 Step RF forward, ½ turn to L
- 7, 8 Step RF forward and full turn on RF, Step LF forward

STEP RF, SLIDE, HEEL GRIND, ½ TURN TO L, STEP LF TO SIDE, TOUCH RF TOGETHER

- 1, 2 Step RF to diagonal R, Slide LF
- 3, 4 Slide LF, Stomp LF
- 5, 6 Left Heel to side, ½ turn to L
- 7, 8 Step LF side, Touch RF

TAGS: VAUDEVILLE R&L

- 1, 2 Step RF to side, Cross left behind right
&3&4 Step right together, touch left heel to diagonal left, step left together, Cross right over left
5-6 Step LF to side, Cross right behind left
&7&8 Step left together, Touch right heel to diagonal right, step right together, Cross left over right

SHUFFLE DIAG R&L, ½ TO L, STOMP, STOMP

- 1&2 Step RF to diagonal forward R, LF near to R, Step RF to diagonal forward R
3&4 Step LF to diagonal forward R, RF near to L, Step LF to diagonal forward L
5, 6 Step RF, Turn 225° to L
7, 8 Stomp RF, Stomp LF

FINAL: Part B after 20 Counts

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