Too Long In The Wind

级数: High Improver

编舞者: Betty George (NZ) - July 2019

音乐: Lovin' Arms – Mell and Piet Veerman

Start on Vocals [1-8] Rocking Chair, Weave, Rocking Chair, ¼ Pivot Cross, Side 1&2& Step R fwd, recover on L, step R back, recover on L,, 3&4& Cross R over L, step L to side, cross R behind L, step L to side 5&6& Step R fwd, recover on L, step R back, recover on L, 7&8& step R fwd, ¼ pivot left, cross R over L, step L to side [9.00] [9-16] Back Mambo, Forward Mambo, Back-Lock-Back, ½ Turn Triple Step 1&2 Step R back, recover on L, step R fwd 3&4 Step L fwd, recover on R, step L back 5&6 Step R back, lock L over R, step R back 7&8 Turn ¹/₂ left & triple step L.R.L. [3.00] [17-24] Rhumba Box, ¼ Turn Rhumba Box 1&2 Step R to side, step L beside R, step R fwd 3&4 Step L to side, step R beside L, step L back 5&6 Turn ¼ right & step R to side, step L beside R, Step R fwd 7&8 Step L to side, step R beside L, step L back [6.00] [Restart on Wall 6] [25-32] Side-Recover-Cross [x2], Forward-Recover-1/4 Turn, Shuffle Forward 1&2 Step R to side, recover on L, cross R over L 3&4 Step L to side, recover on R, cross L over R [Restarts on Walls 1-2-4] Step R fwd, recover on L, turn 1/4 right & step R to side 5&6 7&8 Shuffle fwd L.R.L. [9.00] Restarts On Walls 1-[6.00] 2-[12.00] 4-[3.00] - dance to count 28 - then restart the dance On Wall 6-[6.00] dance to count 24 – then restart the dance

Tag: At the end of Wall 3 – add the following – Cross-Back-Side [x2]

- 1&2 Cross R over L, step L back, step R to side
- 3&4 Cross L over R, step R back, step L to side

To Finish On Wall 8 – [you'll be facing 3.00] - dance the first 8 counts ending at 12.00 -then – long step R to side, dragging L to R





拍数: 32

墙数:4