# For These Times

级数: High Beginner

编舞者: Karen Kempton (USA) - August 2019

音乐: Three Little Birds - Maroon 5

或: Three Little Birds - Bob Marley & The Wailers

#### Intro: 32 counts, starting on vocals

拍数: 32

#### No Tags Or Restarts

## [1-8] FWD MAMBO, BACK MAMBO, STEP LOCK x2

- 1&2 Rock R fwd, Recover L, Step R next to L
- 3&4 Rock L back, Recover R, Step L next to R
- 5&6 Step R fwd, Lock L behind R, Step R fwd
- Step L fwd, Lock R behind L, Step L fwd (12:00) 7&8

# [9-16] SIDE ROCK CROSS X2, WEAVE, SIDE ROCK CROSS

- 1&2 Rock R to side, Recover L, Cross R over L
- 3&4 Rock L to side, Recover R, Cross L over R
- 5&6& Step R to side, Cross L behind R, Step R to side, Cross L over R
- 7&8 Rock R to side, Recover L, Cross R over L (12:00)

## [17-24] SIDE MAMBO x2 BACK LOCK x2

- 1&2 Rock L to L, Step R in place, Step L next to R
- 3&4 Rock R to R, Step L in place, Step R next to L
- 5&6 Step L back, Lock R over L, Step L back
- 7&8 Step R back, Lock L over R, Step R back (12:00)

## [25-32] COASTER STEP, BALL STEP, SIDE ROCK CROSS & CROSS, ½ TURN SHUFFLE

- Step L back, Step R next to L, Step L fwd, Step R fwd, Step L fwd 1&2&3
- 4&5&6 Rock R to side, Recover L, Cross R over L, Step L, Cross R over L
- Shuffle <sup>1</sup>/<sub>2</sub> turn L, stepping LRL (6:00) 7&8

Note: The dance is a message "For These Times" and was inspired by the theme and story behind the City of South Pasadena's award winning float, titled "Three Little Birds", in the 2019 Tournament of Roses Parade. For more information, visit:

https://southpasadenan.com/rose-parade-chaos-nothing-stops-south-pasadenas-float-crew-finishing-style/

Submitted by - Jackie Clair: clairj@ameritech.net





**墙数:**2